# Flu cases on the up in Bridport

FLU cases in Bridport are on the rise but have not reached epidemic levels according to the Dorset County Council.

NHS Dorset have stated that the levels of flu are in keeping with the winter season but admitted that the H1N1 Swine Flu virus was one of the common strains of flu across the county this year.

The Swine Flu virus has hit national headlines again this winter having been responsible for 36 of the 39 flu related deaths in the UK in 2010.

A further 12 people were killed by the virus last week and in all but one case the victim was under the age of 65, in four of the cases the victim was under five.

A number of swine flu cases have been diagnosed in Bridport but both the county council and the

#### WHAT YOU NEED TO KNOW

THE flu virus is spread in the small droplets of saliva coughed or sneezed into the air by an infected person.

It can also spread if someone with the virus touches common surfaces such as door handles with unwashed hands.

Preventing the spread of germs is the most effective way to slow the spread of flu.

To reduce the risk of spreading or catching flu:

- Always carry a tissue;
- Cover your cough and sneeze with a tissue;
- Bin the tissue as soon as possible;
- Clean your hands as soon as you can or use a sanitiser gel.

More information on the flu vaccination can be found at www.nhs.uk

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## NHS have denied any variation from winter trends.

when schools return this week.

A Dorset County Council spokesman said that they were anticipating a further rise in flu cases

**By Tom Glover** 

They said: "We are not currently experiencing a flu epidemic in Bridport or across Dorset. The numbers of cases are increasing but they are not particularly unusual for what we would expect at this time of year.

"In the South West we are doing nothing differ-

wash your hands and throw away any used tissues to avoid spreading the virus.

"Vulnerable groups are encouraged to contact their GP about receiving the combined flu vaccine. Our care staff who come into contact with vulnerable people are also being vaccinated

"The county council is working closely with NHS Dorset and the Health Protection Agency and keeping a watching brief on the situation.

Consultant in Public Health with NHS Dorset Rachel Partridge said that taking good hygiene measures was the key to preventing the spread of

ently to what is being done nationally. You should the illness. She said: "Flu is a highly infectious illness which can spread rapidly through the coughs and sneezes of infected people.

"The best way of preventing the spread of flu is to take good hygiene measures. This is equally important in reducing the spread of other illnesses such as Norovirus

"Getting a flu jab gives you good protection and lasts for the whole year. If you are 65 or over or of any age and suffer from a long term condition that puts you at greater risk from the effects of flu, please contact your surgery to make an appoint-

# New Year revellers hit the town



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Please remember to recycle this newspaper

Adrian Franklin, 55, has lived in Bridport nearly all his life, with brief spells in Beaminster and Yeovil. Him and brother Vernon have had a busy Christmas period as they are owners of both W Frosts and Toymaster in the

The Frosts store has been in the family since 1960 and the brothers have owned Toymaster for 25 years.

Adrian lives with his wife Judith and they have two daughters and a son as well as five grandchildren. When not in the shop Adrian likes walking the dogs and gardening but in 2011 he hopes to re-ignite his love for golf.

#### ■ WHAT do you like most about Bridport?

The nicest thing about Bridport is its community spirit. It's still maybe 20 years behind the rest, it's like walking back in time. You could almost say it's a time warp. In this day and age it's fairly unique and I think that's why people come down here to retire. Some places seem to have lost their identity but Bridport seems to have retained it and that's its quality.

WHAT would you like to change about the town? In some ways I hope it doesn't get too much bigger. In other words I hope we don't have masses of more people

arriving here because we will begin to lose that uniqueness of what it is. It's growing quietly but not drastically, unlike Dorchester for example which has exploded.

■ WHAT was your best Christmas present this year? To be honest my best Christmas present is actually having a day at home with the family.

#### WHAT was the must have toy in your shops this Christmas?

I suppose Lego was the best selling toy. It seems to be having a resurgence actually, there was a period when it went away but now it is coming back stronger and stronger. I think people are going more for older values. There is something in Lego, it's a toy that never dates. As long as kids have got imagination it will always be here.

#### ■ WHAT is your New Year's resolution?

I hadn't really thought about it to be honest. I don't smoke, I enjoy a glass of wine or two but I have no intention of giving it up. I think I'll just carry on as I am.

#### DO you have any goals for 2011?

I'd probably like to go back to playing golf and getting my handicap down. It was 19 but it won't be now, it will



be more like 50 I think. We bought a house a few years ago, which needed a lot of work doing to it so I had to give up the golf.

#### ■ WHAT do you think the golf facilities are like in **West Dorset?**

They are very good. We have a very good golf course in Bridport and there are several around the area as well in Lyme Regis, Halstock, Cheddington, Came Down. The world's your oyster if you're a golfer really.



#### ■ YOU always make a big effort with your Christmas lights, what did you think of Bridport's lights this vear?

I think it's a real shame, and it's a big gripe here, that national shops notably don't put more effort into some sort of display. If they can't afford it then how do they expect individuals to do it.

Generally they take a lot of money out of the town but it doesn't get injected back in. It would be nice if they made a bit more effort. I think the town looked very patchy unfortunately. It doesn't cost a fortune and it doesn't take

#### WHAT would you like to see happen with the Christmas lights?

To be honest it would be perhaps nice if we could maybe do something a little different, get away from the Christmas trees and do something a bit more entertaining, exotic, diverse. The Christmas trees are getting a little staid. I like to do something a little different. We've got lovely streets, we've got a fantastic town, it would be nice to do something a bit more, either side of the town hall to gee it up and give it a bit more vibrancy and light. It's amazing what a difference that can make.

#### ■ WHO would be your three dream guests at a dinner party?

One would be Peter Ustinov because I think he was an absolutely fascinating and talented man. For a bit of glamour I'd have Mariah Carey because I think she's fantastic and she can sing. The other person would be my father-in-law Peter Riglar because if he couldn't keep the evening going then nobody could.

### Info at a glance ...

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# **ViewNews**

### **CONTACT OUR EDITORIAL TEAM**

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# Police release e-fit image of man wanted over distraction burglary

AN e-fit image has been released in a renewed appeal to track down two men who carried out a distraction burglary in Bridport.

Detectives investigating a distraction burglary, which was carried out before Christmas, are renewing their appeal for wit-

Training) project.

CORRECTION

View from Bridport, we incorrectly

stated that Dorset County Councillor

Ros Kaves had initiated and led the

BLAST (Bridport Local Area Skills

nesses and information.

The incident, in which two men distracted a 65-year-old man and stole a wallet containing cash from within his house, happened along Magdalen Lane at around 5:30pm on Wednesday, December

Both offenders are

white, aged around 19 to release an e-fit of one or 20, of a large build and dressed in black. One of the men is said to be around five feet ten inches tall, with short cropped fair hair.

Detective Constable Gerald Marchant, of Weymouth CID, said: "Following further enquiries, I am now able

We would like to point out that it was initiative as Chairman.

To find out more about BLAST contact: West Dorset Skils Training Centre, North Mills Trading Estate, DT6 3BE or phone 01308 423767.

in fact Arthur Woodgate who founded BLAST and who continues to lead this

of the offenders. "I am appealing for

anyone who recognises this man to contact me as soon as possible."

The offenders knocked on the victim's front door, told him that their car had broken down and asked for water.

While the man was fetching some water for the two men, he heard a noise and found the men inside his lounge.

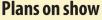
The offenders fled through the front door and the victim realised that his wallet was miss-

DC Marchant continued: "I'd like to hear

nessed this incident and Wednesday, December from anyone who saw 15th 2010. someone acting suspiciously in the Magdalen

Witnesses and anyone with information should call Dorset Police in confidence on 01202 or 01305 22 22 22 quoting incident number 15:375.

Alternatively, call the free and anonymous Crimestoppers line on 0800 555 111 where mobile phone tariffs may apply.



PLANS for the South today for one week.

# between Lane area

HAVE YOU SEEN

HIM? An e-fit image

of one of the men

who carried out the

distraction burglary

West Quadrant development will be on show in the Bridport **Arts Centre foyer from** 

## George offers some tips

RENOWNED photographer and author George Wright the Bridport Camera Club.

The author of 'Vanishing Dorset' and 'Some People I've Met' shared his 30 years' experience of flash photography with the club including tips on how to lessen the cruel effects flash can have in portrait photogra-

phy.
The next meeting of the club is today (Wednesday, January 5th). This will be the annual club 'get together with Dorchester Camera Club.



OH YES THEY ARE!

#### No let up for Boots

DESPITE the rigours of a busy Christmas, the staff at Boots in East Street, Bridport still found time to raise money for charity.

They dressed up as pantomime characters on Christmas Eve, including a rather suspect Snow White!

Funds raised were in aid of Macmillan Cancer Care.



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# Benefits help on offer

BENEFITS advice for the elderly will be given at monthly surgeries to be held

Age Concern Bridport and Dorset County Council's Welfare Benefits Team are working together to provide benefits advice and help to older people in

Surgeries will operate on the second Wednesday in each month, between 9:30am and 12noon at Age Concern Bridport, and will be by appointment

To make an appointment, please contact Age Concern Bridport on 01308 424357 or at Chancery House, Chancery Lane, Bridport DT6 3JT. More advice can be found at www.bridportageconcern.org

The first surgery of the year will be held next Wednesday (January 12th).









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# **ViewFamily**

#### Steven Rathbone. Happy 18th Birthday on 10th Jan. With lots of love, Mum, Dad, Richard and Vicky

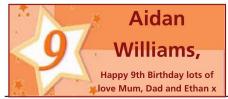
### **Janine and Colin** Paull-Sellick,

a little sister for Connor born 18th Dec. All our love Mum, Dad and family x



#### Adders,

Happy 3rd Birthday to the best little sister ever! Lots of love, Jessie xx



#### Congratulations Lucie and Ryan

on the birth of Oscar on 19th Dec. Much love from Nana and Grandad xx



### To my daddy Ryan Bennett.

Happy Birthday, lots of love, your naughty baby Ruby xxx



Alison would like to say a big THANK YOU to staff, relatives and friends for their amazing support during the icy spell and holidays. Special mention to master plumber Gerry Sims for turning out on Boxing Day evening. Happy 2011 to you all!

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# A big year for the Announcements View from titles

formed Lyme Media and Events Limited after taking over the running of the View From local newspaper titles in Dorset and Somerset

It has been a very busy 12 months and as we welcome in a new year I am writing to thank our advertisers and readers for their support throughout the year and to tell you about the progress we have made in the running of our business in 2010.

As in many other business sectors, the past two years have been very difficult for the publishing inparticularly regional press, but I am pleased to inform you that Lyme Media and Events has made significant strides despite the continuing volatility of the market.

We have succeeded in protecting over 30 fulltime and part-time jobs at our base in Lyme Regis, making us the town's biggest private enterprise employer and providing a boost to the economy of the town.

I am pleased to be able to tell you that the View From

#### An open letter to our readers and advertisers by View from owner **JERRY RAMSDALE**

titles in Dorset (Weymouth, Dorchester, Bridport. Beaminster and Lyme Regis) have made considerable progress during the

We have doubled our advertising sales and seen the number of pages increase from 56 to 80 on a regular

We have also introduced a "pick and mix" option for advertisers which allows them to target and promote their business to a specific audience, delivering excellent response and value for money.

Our editorial policy of concentrating on coverage of community events in the towns we cover continues to be highly popular with our readers and, we believe, gives us an edge over other publications in the area.

Earlier in the year we also launched two community journals in South Somerset which have now evolved into weeklies in Crewkerne, Chard and Ilminster under The Weekender banner, a new local publishing concept which concentrates on lifestyle issues as well as community news.

We have recently extended this concept into East Devon with editions for the Axe Valley and the Sid Vale, with a combined distribution of 18,500 copies per week.

Add this figure to the 23,500 copies we distribute in South and West Dorset every week, and our total weekly group distribution of 42,000 is more than can be offered by any other publisher in the same

During the year we have also made great strides in developing our digital platforms with our website -

now attracting thousands of unique visits every week, providing further exposure for those advertising in our titles.

Paper costs increased considerably during the year, which we were able to absorb, but we are now faced with a further significant increase early in

Whilst we will do our best to minimise the effect of this, it will be necessary to adjust our advertising rates in the New Year.

As well as building our advertising base we have also improved our costs and efficiency throughout the business from transport logistics to accounts with many of our statements now being sent out by email.

We look forward to further expansion of our business in 2011 as well as improving our customer service, and I would like to take this opportunity of wishing you all a prosperous New Year.

> JERRY RAMSDALE Director

## Richard receives first Jurassic award

A NEW award to recognise people who have made an exceptional contribution to the Jurassic Coast was launched last month.

The Jurassic Coast Award is open to anyone who has shown outstanding dedication to the conservation and enhancement of the Dorset and East Devon Coast World Heritage Site, whether professional, amateur or volunteer.

The new award was launched at the Jurassic Coast annual seminar at Bridport Arts Centre on Thursday, December 16th.

Richard Edmonds, Earth Science Manager of the Jurassic Coast Team and former warden of the Charmouth Heritage Coast Centre, was the first to receive the award.

has demonstrated a commitment and most significantly a fantastic enthusiasm for the World Heritage Site, the coastline and its geology and helped convey this to a wide range of people in a most enlightening man-

A joint award was also given to Norah Jaggers and Patricia Farrell, from the community group Beer Village Heritage in Devon.

The winners received two individually sculptured awards made from four-inch cubes of Purbeck stone inscribed with locations along the Jurassic Coast.

They were created by the artist and sculptor Gary Breeze, with sponsorship from the Fine Family Founda-

A nominator said of Richard: "He tion. The awards were presented by Sibyl King, director of the Fine Family Foundation, and Professor Denys Brunsden.

Sibyl King, said: "It is a great honour for the Fine Family Foundation to help to acknowledge some of the people who have gone to extraordinary lengths through their dedication, effort and ideas to make meaningful contributions to our common goals of protecting, conserving and enhancing the coast and communicating its importance to

Nominations for next year's awards will open in September 2011. For details go to www.jurassic-

coast.com/award



# Police kept busy as Bridport parties its way into New Year

NEW Year celebrations in Bridport went off with a bang last week but police were kept busy by drunken revellers.

As usual Bucky Doo Square was a hive of people all gathered to celebrate the New Year, with many making the effort to dress up despite the cold temperatures.

The Chilean miners were a popular choice for those in fancy dress as were the characters of Disney and nursery rhymes.

As midnight approached the crowd joined in a countdown before a fireworks display marked the arrival of 2011.

Despite the generally positive atmosphere Bridport police did have to deal with some trouble in the town with two arrests made for an assault.

There were also a number of drivers who had their cars targeted by revellers as they attempted to drive down the busy

South Street. On a number of occasions cars were surrounded and rocked before police managed to clear a path for the vehicle.

One female driver also reported a man in fancy dress getting into her car and requesting a lift.

Paramedics also had to deal with some partygoers who had suffered the effects of excessive drinkina.

> More New Year photos next week



## Festive fare served at local schools



■ HOT school dinners were given a Christmas twist before children left for their winter break. Supplier of hot school meals in the Bridport area, Local Food Links, provided pupils with a full Christmas dinner.

For main course children enjoyed roast turkey and all the trimmings and for dessert there was iced Christmas cake. There were even Christmas crackers on the dinner tables to make sure everyone was feeling festive.

Pictured are teachers from Symondsbury Primary School who took over serving duties for the day to allow their lunchtime supervisors to sit down for the meal.



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# Review of the Year 2010

### by Tom Glover



**JANUARY** | LIFESAVER: Teenager Matt Robinson hit the headlines in January after rescuing his neighbour's children from a house fire in Abbotsbury. With the help of his family Matt saved five children during a dramatic rescue from the burning house.



year of fundraising in February by making a £250 donation towards the relief efforts in Haiti following the earthquake. The town's Lions Club, in conjunction with the Haitian Lions, provided immediate needs, water, food and medical supplies for 1,200 people near Port au Prince.







MAY | TIME TO PLAY: The West Bay Play Area was finally opened in May after almost four years of hard work from Bridport teenagers. The play area was designed by young people who were involved in the first Summentor Mentoring Programme, a project run by Bridport Youth Centre in partnership with the Sir John Colfox School.



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**JULY** | **TV DEBUT:** A group of local teenagers got their small screen debut in July when comedy stars came to Seatown to film for BBC four show *The Great Outdoors*. The sitcom featured stars of *Gavin and Stacey, The IT Crowd* and *Green Wing* and was shot along the Jurassic Coast featuring locations in Burton Bradstock, Seatown and Golden Cap.



■ TOM GLOVER reviews the events of 2010, a year full of highlights from events new and old. The review covers everything from the heroes at home to the not so heroic efforts of our footballers in South Africa.

All the town's longstanding events had another successful year and a few new ones hit the ground running.

There was success for the town's young performers on both stage and screen and there was more great news for young people who saw a four-year project come to fruition.

It's impossible to sum up the whole year in just 12 pictures but here is just a taster of what we have seen.



**SEPTEMBER | HATS OFF:** The first ever Bridport Hat Festival received an overwhelming response from the town with an estimated 6,000 people taking part. Theresa Weller and Val Baker went back to the 60s with their hats.



**OCTOBER** | FRUITY FUN: Just like the orchard itself, Bridport Apple Day continued to grow this year. Pictured are Ruby Walker and Eva Bell who were making curly apples on the day.











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black alpaca



■ NURSES at Bridport's Community Hospital kept spirits up as they worked overtime to cover staff

The nurses were called in to cover those who couldn't make it to work and some even stayed at the hospital overnight to make sure their patients had a comfortable stay.

Pictured are nurses on the Ryeberry Ward who were full of festive cheer at the hospital on Monday, December 20th.

# Symondsbury school pupils stage classic Christmas tale

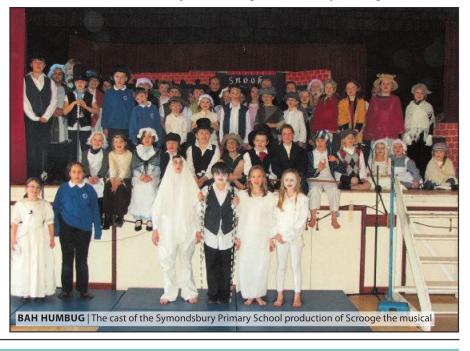
HUMBUGS were shown the error of their ways when Symondsbury Primary School put on their Christmas production in Salway Ash.

Over half the school had some role to play in the musical adaptation of the classic Christmas tale of

The story was set in the Victorian 'City' of Bridport and included songs from ABBA, Michael Jackson and Cliff Richard.

Teachers also played a big part in the production taking on roles as choreographers.

After a hectic rehearsal schedule and a last minute run through the production proved to be a hit with all who came to see it at the Salway Ash Village Hall.



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#### Seminar dates:

Tuesday 11th January 9.30 - 11.30 am | Thursday 13th January 7 - 9 pm







For more information please call The Ocean Spa team on 01305 824117 or email bookings@theoceanspa.co.uk or visit www.theoceanspa.co.uk

# Pre-school kids bring the Nativity to life

CHILDREN from the Stepping Stones pre-school entertained an almost full United Church in Bridport with their Nativity play.

All the children had a role in the show and even designed the Nativity programme themselves.

The church proved the perfect setting for the play, which was still

filled with uniquely decorated trees as part of the Christmas Tree Festival.

The children acted out the story as it was narrated and also sang some of their favourite Christmas carols.

As always some of the angels were as pleased to see their parents as they were the baby Jesus but this

just added to the enjoyment for everyone watching.

Pre-school leader Ira Tuck said: "I think the nativity went brilliantly. The children gave their own special touch to the story.

I'm very pleased with how many people came to watch; we almost



SHINING STAR | An angel leads

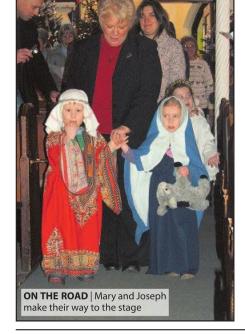
the way with the shining star











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# Big crowd for school's first Nativity

NEARLY 100 parents turned out to watch Bradpole Pre-School hold their first ever Nativity at the village's Holy Trinity Church.

The children aged two to five-years-old all took on the traditional roles as they acted out the nativity story for proud parents.

Pre-school leader Kathryn Northover said: "It was lovely, we were really pleased.

"The children so enjoyed it, they all did different roles and it was lovely to see them all taking part.

"The ladies from the church come and visit the children once a month so it was nice to go there and put a Nativity on for them."

Following the success of their first Nativity the pre-school, who are based at the Sir John Colfox School, plan to take on the challenge again next year.





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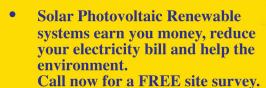












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## **ViewLetters** Old Swan pub still in limbo

A BIZARRE 'auction' occurred in Toller Porcorum for The Old Swan pub last month.

Firstly, the building is seriously dilapidated after 12 years of closure; secondly, having stressed keenness to sell, Palmers unusually fore-shortened the normal bidding process by stating the reserve price up-front, cutting-off any starting bids below; thirdly, they announced this reserve price to be almost as high as their 'guide price' - just 6 per cent below in fact.

Instead of identifying a 'highest bidder' by enabling a full bidding process to occur, Palmers' action cut this short, and in fact cut it out. The first person to shout-out a starting bid was told it was invalid as it was below £165,000! The normal bidding process that usually happens didn't, and 70 people went home.

Palmers had previously indicated buyers would anyway have to spend around £300,000 even to re-open it as a pub.

By additionally fixing the minimum price at £165,000 they've now self-evidently priced it out of the market, despite there being bidders.

WDDC have said they would never give Palmers planning permission for 'residential' use on this site

The Compulsory Purchase Act of 2004 is now available to the Council, stating compulsory purchase action can be taken even if it 'is likely' to improve the social, economic or environmental health of the community. Actually it improves all three

We trust Councillor Gould at WDDC will now request the District Valuer to provide a definitive, transparent third party valuation all can fairly have confidence in, ascertain if there are buyers at that price, pre-agree a back-to-back contract avoiding the council itself spending any tax-payers money, and then pay Palmers the fair compulsory purchase price.

Such a process enabled the Conservative West Norfolk Council to force successful re-opening of its Great Massingham pub.

> JOHN GRANTHAM Community Alert

view from news

# School's festive fundraiser

FESTIVE stalls, tempting tombolas and an impressive raffle helped raise £575 at the Burton Bradstock Primary School Christmas Fayre.

Children of the school made Christmas decorations to sell and games to play during the week and then sold their wares at the fayre.



WHAT'S IN THE JAR? | Pupils from Burton Bradstock Primary School raised £575



THE Blitz spirit was evident in Loders when the primary school held a World War II themed tea dance over the Christmas period.

Christmas period.

Instead of the usual Christ-

mas fayres and nativity shows the school decided to take a trip back in time to the 1940s.

The pupils had been studying World War II in their lessons and so decided a good old fashioned tea dance would be the best way to end the year.

Pupils dressed as evacuees while teachers and parents all became soldiers and medics for the day.



# Helping you reach your goals

year comes new promises: from losing the weight piled on over Christmas to finding a new job to kick-start a flagging ca-

However, as is so often the case the January enthusiasm turns into the February boredom and by March the dream of a new you is forgotten amongst the long work hours and lack of "free"

liew profile

This is where Mark Ward of Synergy comes in. The Dorchester hypnotherapist and counsellor is looking to help you this year. The former sports therapist says that most people become victims of the "new year resolution" game.

He said: "It's a real shame with new-year resolutions; you vow to stop drinking, lose weight, and get a new job or anything inspiring. But life 'just seems to take over'. Take Gyms and health clubs for instance, In DeTHIS week we meet former sports therapist turned life coach, hypnotherapist and counsellor MARK WARD about his change in career and how he can help people stick to their new year's resolutions.

cember they are often the cycle continues." empty. By the second week of the New Year you can't move in them for new members on a 'fitness spree'. By the beginning of March, all of the motivation has gone and the resolutions are long forgotten. A lot of industries rely on this principle!

"What I do is to use simple and effective techniques to keep you on track and stay motivated until you reach your

"The clients that I work with are serious about getting what they want. That can be to stop drinking, smoking, losing weight, or even end an unhealthy relationship. We all do things that we know will damage us but we convince ourselves that we need them and

Mark has changed career twice in his life and used to work within the security industry ranging from prisons to Buckingham Palace. He then became a sports therapist and personal trainer. He now works with clients as diverse as sports professionals and celebrities to company directors and sales teams. He realised there had always been a common thread running through the heart of everything that he did; Helping people.

He said: "I've always had a real desire to help people but never really fully knew how to go about doing it. When working in the security industry, although I didn't realise it, it was about helping people and protecting them. This came who I am today.

"I was 25-years-old with a wife and two children and I thought my life was plain sailing. Then I got divorced and had to rethink my own life, I went through a long process of thinking, what is my purpose? What will I do with the rest of my life? Then it came to me. Help people."

It was this realisation that has led him to find his true calling in life as he became a full-time counsellor, life coach and hypnotherapist. Prior to retraining again, he was a qualified sports therapist and worked with football, rugby and sports teams in fitness and injury rehabilitation as well as individwith medical conditions.

"I found out a long time ago when working as a sports therapist that whatever people come to see me for was very often a symptom of something else entirely," he said. "I began to realise that at least half of anyone's condition is mind controlled and therefore can easily be remedied.

"So I began training to become fully qualified and I've been on a five year journey since then, on a mission to understand how we think and why we do the things we

Mark also works as a volunteer, helping drug and alcohol addicts come to terms with their demons and to help get their lives back on track.

"Whether a person is a Cocaine or work addict there's usually a valid reason for them starting and I work to understand when that point was," he said. "Almost any addiction whether it is food, sex, work, alcohol or any other all has its roots in some underlying need that isn't being met. My role is to help my clients to find out what this need

"When starting with any new client, I work with them for between three and eight sessions and will always begin with the life history and what led the client to this point. We can then decide between us the best way forward and what our goals will be."

This humanistic attitude has led Mark to develop his own holistic approach to helping people. Having

area had many counsellors, hypnotherapists and personal trainers, as well as many other types of therapists, he realised that there was a wealth of skill and experience out there but few had the full range of skills to match the individual's needs.

"A client will often start working with a therapist and when that doesn't work they start to think they have failed, but they haven't," he said. "They have just found a way that isn't going to work. It is usually a question of personality and rapport between therapist and client. This is such an important ingredient for anyone whether it's your car mechanic or your dentist. We all work better with people we are at ease

Before Mark began

he trained as a sports therapist and as such, he found a lot of clients would come to the clinic saying they had been to the doctors with a bad back, for example, but no one has spent time talking to them to find out they were stressed at work for example and that was the route cause of the back pain, and then given pain killers instead of coping strategies

for stress and anxiety. "So in that way I look at the wider issues, at things going on not just the problem," he said, "literally thinking outside the box. My aim is to bring all the therapies into one place. My clients are not just seeing a counsellor or a life coach but someone that looks at you and works out what the best route is for you. It is as simple as

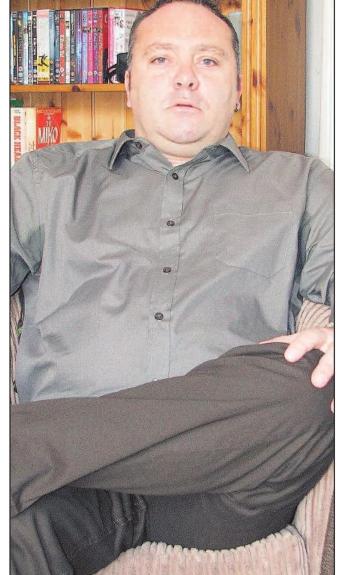
that. I approach things in every practical way and this can have fantastic results very quickly.'

So what is the secret to achieving your own success?

"First of all sit down and really think about what is you want for yourself," he said. Secondly think about how these changes are going to make your life better and imagine how good that feels. It is then a case of working out what stops you from doing what is necessary to make your dreams a reality. The most important question is: 'Am I willing to really do what is required?'

"Keep focused, make changes, actually do it. You will get there."





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### **New Year Detox**

With the average person consuming a massive seven thousand calories on Christmas Day alone, it's no wonder that by the time January arrives many of us feel a serious need to detox. Find out how you can start as you mean to go on this New Year.

#### Last Orders

Of those seven thousand calories a significant proportion will be attributed to excess alcohol. Even a small glass of wine contains around one hundred calories, so it's easy to see how one too many celebratory glasses of champagne can add up. Putting an enormous strain on the liver and kidneys, drinking to excess will leave your body horribly dehydrated, meaning your natural detox efforts will be scuppered. During your detox, skip alcohol completely, sticking to a healthy eight glasses of water every day. You'll notice a big difference in your mental and physical wellbeing in a short time.

#### **Get Out More!**

After a no holds barred Christmas season you'll no doubt have gained an extra few pounds. To get your body in optimum detox mode and stimulate your mind during those dark January days, take regular exercise as often as you can. Cardiovascular fitness will keep your circulation working efficiently, meaning your blood can carry more essential oxygen to your cells, as well as delivering toxins and waste to the organs responsible for their elimination. Aim for thirty minutes every day and you'll soon benefit from a healthier and slimmer physique.

#### **Matters Of The Mind**

While you're taking care of your body's detox, remember that your mind, too can benefit from some TLC. To combat stress or tension try regular yoga or meditation classes as first foot on the road to inner harmony. Not only will you feel mentally balanced, but the poses you'll be performing in a yoga class will massage your internal organs and stimulate your natural detox into action. Meditation can be a great natural way to combat depression and anxiety, now

such common demons of everyday life.

#### **Diet To Detox**

Diet is a hugely important weapon in the war against accumulated internal waste. Toxin build up from food additives, pesticides, processed foods – to name a few – can be attributed mainly to a poor diet. Eating fresh, organic and whole foods (think as close to their natural state as possible) will feed your body with the essential vitamins, minerals and enzymes it needs to keep you in tip top condition. During your detox period avoid red meats, dairy products, eggs and any refined and processed foods. Also cut out salt, sugar and all fizzy drinks. Think plenty of fresh fruit and vegetables and whole grains to get your digestive system working.

#### Treat Yourself

Detox treatments are becoming increasingly common, from massage which stimulates the lymphatic system, to colonic hydrotherapy, which promises to clear and cleanse your large intestine and colon of years of accumulated waste. Treatments are a great complement to a detox diet, and regular relaxing sessions will pay dividends for both body and mind.

There are lots of ways you can help ease your body into the New Year. This year, why not make yourself a resolution to be healthier and happier all year round.



## **Slimming World**

**BEAMINSTER** slimming world opened for the first time on 6th january 2010 with an expected number of 4 locals to join. after receiving snow the night before it was considered to not run the group. but soon was decided that the group would run what ever the weather to show commitment to the new group and the locals supporting it. It was an amazing turn out considering the snow and ice but it just showed the community spirit of the members wishing to join. and boy what a community they have turned out to be not only have they been successfully losing weight but supporting each other through good times and bad. together as a group they have lost weight but gained many friends all types of people join but all for the same reason, they have also used the group as a way of raising money for charity too members of the group walked from beaminster to bridport witch raised over £1300 pounds for the nspcc. The year was

rounded off rounded with a wonderful meal at the NEW INN at stoke abbot. it was an amazing night were 34 of the members all got together relaxed and enjoyed good food, good company, and good times. and so they should! that night was truly amazing it wasn't a room full of over weight locals it was a room full of fellow slimmer's bursting with confidence after a fantastic first year. Even though life has its ups and downs the group as worked really hard and lost and amazing 354 stone so far and every member past and present should feel so proud of themselfs.So what ever the weather decides to do over christmas and the new year you can be sure it will run and continue to support the members the way they have supported it xx Happy New Year Beaminster!





## Susan Gale Hypnotherapy

**NEED** a bit of extra help with the Resolutions? Do you keep starting out ok and then slipping back into old patterns?

Some people find they can make changes without any trouble at all. But some of us very much want to change but know we can't do it alone.

Your mind is very powerful – which means that if it's stuck in a rut it can be really difficult to break out of old habits by yourself.

Registered Hypnotherapist Susan Gale of the Beltain Centre in Dorchester understands very well how to help you clear old unwanted habits easily and comfortably.

Her friendly, down-to-earth, positive approach, together with her comprehensive training and years of experience mean she is well qualified to help with a very wide range of problems.

Whether it's freeing yourself from smoking or weight, being less anxious, or being more confident so you can



make major life changes, Susan can help you keep your good resolutions and finally break free of past problems: hypnotherapy puts you back in control.

For more information about how hypnotherapy could help you, call in at the Beltain Centre, top of town Dorchester, visit her website, www.beltain.co.uk or contact her on 01305-267069.

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### **Osprey Leisure Centre**

**MOVING** into the New Year it is a great time to get into the exercise spirit and rid yourself of those past Christmas excesses.

For readers in the area, Osprey Leisure Centre has plenty of sessions available to suit everyone with a new programme of activities including circuits, fit-ball, core and rehab classes. There are also 'Sport for All' sessions where any adult can swim, use the gym (subject to undertaking an induction) and play squash and/or badminton for a set fee of only £3.

For these fitness and Sport for All sessions



and many other activities Osprey has introduced special 11 for the price of 10 offers and also given customers the opportunity to try a second activity at a cost of only £1.

With so many sessions and options available at such great value why not give yourself a timely New Year boost and blow away those unwanted winter blues.

For any further information on the above or the adjacent advert please feel free to contact the centre on 01305 824378 or visit the centre website.



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 9.15am
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 - 10.45am
 Cardio

 10.45am
 - 12.15pm
 Cardio

7.00pm - 8.00pm 10.00am - 11.30am

7.00pm - 8.00pm

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Book your Fitness Suite Induction any time in the month of January for ½ PRICE and SAVE £14.00!

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#### **NEW YEARS RESOLUTIONS?** - So why not try something **NEW?**

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### Highlands End

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Other facilities at Highlands End also include a tennis court which can be booked by the hour and our Shepard's Down 9 Hole Pitch and Putt (Open March to November) which gives a great place to get those legs working while enjoying some family fun or something more competitive

If you have had a busy day and fancy a bite to eat why not visit the Bar and Restaurant where we have a full Menu, range of local drinks, and a daily specials board and take away service making your visit to the leisure club just that much easier before heading home. (March to Novem-

We look forwarding to welcoming you at Highlands End and we would like to wish you all a very Happy New Year and a prosperous 2011.

Why not follow WDLH on Twitter and Facebook (West Dorset Leisure Holidays) for all our up to date news and offers?



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### **Boot Camp**

"NEW Year, New You" is the mantra for Boot Camp Training Live! providers of military style fitness training residential and non-residential boot camps in Weymouth. Personal Trainer Boris, and assistant Billy, both ex-military men, will help you get fit, lose weight and have fun Army style!

The beginning of a new year is always a good time to work on self-improvement. Though simple resolutions may be forgotten as soon as you get back to work, booking on a fitness training course with Boot Camp Training Live! now will give you the motivation to keep those promises to yourself.

One of the benefits of a Boot Camp Training Live fitness course is we don't forget you when your time with us is over. We have over 45 daily training routine videos

Wishing all our readers and advertisers a prosperous New Year! Good luck with your resolutions!

online, plus a fitness forum to discuss and share your progress with us for as long as you need us. Our online training video course is given free to residential course participants, and is something that no other boot camp in the UK offers.

We'll help you keep those promises to yourself for change in the New Year. So join Boris and Billy and create a New You in 2011.





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Cruise Line	Ship	Date	Nights	Destination	Spend**	Price £pp from	SAVE 5%
	Adonia	26-Jul-11	21	Central Mediterranean	Up to £60	£3,760	4
P&O CRUISES	Adonia	30-Aug-11	17	Western Mediterranean	Up to £40	£2,690	1
LOO CKUISES	Adonia	16-Sep-11	26	Eastern Mediterranean	Up to £800	£5,244	1
Agreeta	Arcadia	29-Mar-11	14	Western Mediterranean	Up to £790	£1,389	1
Azura	Arcadia	31-Aug-11	24	USA & Canada - No Fly	Up to £1,010	£2,999	1
	Arcadia	17-Dec-11	23	Caribbean - No Fly	Up to £1,020	£2,800	1
AZLWA	Aurora	06-Jul-11	18	Fjords, Greenland & Iceland	Up to £1,460	£2,174	1
	Aurora	15-Oct-11	17	Central Mediterranean	Up to £1,050	£1,625	4
D.	Aurora	14-Nov-11	36	Caribbean & Panama - No Fly	Up to £1,420	£3,099	1
Oceana	Azura	22-Jul-11	14	Western Mediterranean	Up to £760	£1,719	4
	Oceana	16-Apr-11	14	Western Mediterranean	Up to £860	£1,279	4
	Oceana	23-Jul-11	14	Western Mediterranean	Up to £960	£1,649	1
	Oceana	21-Nov-11	24	Eastern Mediterranean	Up to £720	£2,049	4
	Oceana	26-Feb-12	24	Eastern Mediterranean	Up to £940	£1,999	1
	Oriana	30-Mar-11	17	Central Mediterranean	Up to £1,050	£1,550	4
Ventura	Oriana	20-May-11	14	Baltic	Up to £500	£1,559	4
The state of the s	Oriana	22-Jul-11	16	Central Mediterranean	Up to £1,150	£2,074	-
	Oriana	27-Sep-11	34	Caribbean - No Fly	Up to £1,410	£3,199	
	Oriana	19-Dec-11	17	Western Mediterranean	Up to £790	£2,100	1
	Ventura	27-May-11	17	Central Mediterranean	Up to £1,020	£1,925	1
and the second second							
ab	Queen Elizabeth	19-Apr-11	11	Iberia & Canaries	Up to \$900	£1,450	4
CUNARD ®	Queen Elizabeth	05-May-11	14	Mediterranean	Up to \$1,300	£1,529	1
200	Queen Elizabeth	14-Jun-11	17	Mediterranean	Up to \$1,400	£1,980	<b>*</b>
Queen Blizabeth	Queen Elizabeth	15-Jul-11	11	The Fjords	Up to \$1,140	£1,600	· ·
114.	Queen Elizabeth	14-Aug-11	14	Baltic	Up to \$1,860	£1,834	1
	Queen Elizabeth	12-Sep-11	24	North America & Canada - No Fly	Up to \$3,200	£2,994	1
No. of the last of	Queen Elizabeth	23-Oct-11	5	Northern Europe	Up to \$600	£690	V
The same of the sa	Queen Elizabeth	20-Dec-11	16	Iberia & Canaries	Up to \$2,360	£2,249	1
0 "" ' '	Queen Victoria	24-Apr-11	16	Mediterranean	Up to \$1,860	£1,473	-
Queen Victoria	Queen Victoria	22-May-11	7	Northern Europe	Up to \$840	£780	1
	Queen Victoria	05-Jun-11	14	Mediterranean	Up to \$1,620	£1,599	1
	Queen Victoria	19-Jun-11	12	Baltic	Up to \$1,220	£1,479	1
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Car fuel prices are increasing - how soon before it reaches £6 a gallon? Dorchester Cycles can help you use your bike more to reduce this cost. They have over 22 years experience of helping people get on their bike by cycling to work, doing the shopping or just using it

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# View 2 TV Sonia set for return to Albert Square

**RETURN TO EASTENDERS** | EASTENDERS favourite Natalie Cassidy is set to return to Albert Square in the New Year.

Her character, Sonia Fowler, will reappear in Walford to help out when her half-sister Bianca goes missing.

Sonia's one-off appearance in early 2011 comes after a huge confrontation between Carol (Lindsey Coulson), Whitney (Shona McGarty) and Connor (Arinze Kene) sees the truth emerge over Connor's relationships with Bianca's mother and stepdaughter.

After events come to a head, Bianca (Patsy Palmer) mysteriously disappears from the Square - but Sonia's comeback sees her provide some answers to questions that Carol and Ricky (Sid Owen) have about the feisty

A source said: "True to form, Bianca has got herself into big trouble while trying to protect her family and, scared about what might happen, she does

"Sonia then turns up unannounced - and drops the bombshell that she knows where Bianca is and what she is going to do next.

"But while Sonia is there other truths start to surface and viewers will find out what she and her husband Martin have been up to."

Natalie last appeared in the soap in February, when Sonia returned as a guest at Ricky and Bianca's wedding.

CHILES IS 'REPELLENT' | ADRIAN Chiles has admitted he finds the sight of himself on television "repellent" but said he was forced to watch a recording of Daybreak in a bid to improve the show's ratings.

The ITV1 morning show drew a million viewers for the first time last month, having earlier seen its audience dip as low as 500,000 at one stage. Adrian told Radio Times he had previously only watched around 20 minutes of himself on television during a career going back more than 20 years. He said: "I still don't like to look at myself in the monitor. I literally can't bear the sight of myself. I'm not fishing for compliments. I find the sight of myself just repellent."

But co-host Christine Bleakley persuaded him to watch the show to see if they could spot any obvious mistakes.

He said: "She's very technically minded about the craft of television, shots and lighting - she's always banging on about it.

"About a month into the show, when we were getting really panned, she said 'Look, we've got to just go and sit and watch it'.

"So I cooked and she came round to my place, and I was dreading it. I'd have less dreaded two hours with the dentist that evening."

The pair started fronting Daybreak, which replaced the axed GMTV, in September after presenting BBC programme The One Show together.

CORDEN TO VOICE CHILDREN'S SHOW | NEWLY engaged actor James Corden is to lend his voice to a children's television show.

The former Gavin And Stacey star will act as the narrator for the pre-school series Little Charley Bear, due to begin this month on CBeebies.

Corden, 32, last month confirmed he had asked his pregnant girlfriend Julia Carey to marry him while they were on holiday.

Little Charley Bear is aimed at young children aged up to six years and features CGI animation by Annix Studios, based at Pinewood.

Greg Lynn, managing director of Chapman Entertainment said: "We are absolutely thrilled to be working with James Corden on our new imaginative and playful brand, Little Charley Bear.

"Not only is he an exceptional talent, but his voice is very warm and he creates great humour in every episode - there is a very fun relationship that exists between the narrator and Little Charley Bear."

Corden appeared in teen soap Hollyoaks but got his big TV break in 2000 when he landed a regular role in the ITV1 series Fat Friends, where he met Gavin And Stacey co-star Ruth Jones.

The actor, who played Smithy in the series, and Carey - a former TV producer who is now a charity worker - were introduced by his former flatmate, actor Dominic Cooper.

The pair appeared together in the stage and film version of Alan Bennett's play The History Boys.

# To advertise in View 2

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Super Furry frontman for Electric Palace gig

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**Arts Centre** 

STEVE Knightley will be appearing at Bridport Arts Centre on Thursday, February 3rd at 8pm, with Jim Causley.

Steve Knightley is the songwriting force behind Show of Hands, widely acclaimed as the finest acoustic roots duo in England and with three Royal Albert Hall sell-outs to their name. In 2010 Steve won the best original song for "Arrogance, Ignorance and Greed" at the BBC Radio2 Folk Awards.

The Exeter-based singer-songwriter writes the majority of material for the band, which also features multi-instrumentalist Phil Beer, and together they won the Best Duo in the 2010 BBC Radio 2 Folk Awards. Steve is also enjoying success as a solo artist. In June 2007 he released the understated but powerful 'Cruel River', his first solo album in seven years and in May 2009 he released 'Track of Words-Retraced', so called as it subtly revisits and deconstructs his more mainstream-sounding album of the same name from a decade

He is renowned for his strong, trademark narrative songs which reflect the escapades, hopes and fears not only of people in his native West Country but beyond and he pulls no punches when writing highly literate songs about bigger, global

BBC Radio 2's Mike Harding recently described Steve as "one of England's greatest songwriters" while MOJO wrote: "Steve Knightley's songs have developed such an edge it's hard to deny them any longer."

Tickets are available from the Bridport Arts Centre box office on 01308 424204, or online at www.bridport-arts.com, priced £15, £14 members and £10



# **Poetry for Pleasure**

#### THE WINTER WOODS

Black water between banks of frozen snow, How silently it moves; The snow lies white beneath the trees, Blue-white where shadows fall, With shining bits where shafts of sunlight lie: So still the winter woods, There is no sound of any bird, Nor rustling of the leaves, No murmur from the ice-bound waterfall; No sound of our own footsteps on the snow, No sign of life but you and me, Walking together in the winter woods Where shafts of sunlight touch snow-covered

trees; The silence of the winter woods Is like the silence of the outer spaces Beyond the reaches of the man-known realm.

THAT evocative, wintry poem came from the pen of Mary Dunning Thwing. If you need cheering up from your mid-winter blues here is a verse to remind you that spring is not too far away. For this poem we are once again obliged to David Downton of Dorchester:

#### ON FIRST VISITING KINGCOMBE **PONDS**

The early primrose, morning pale, glistens with the dew
Willows are black with nesting crows

And lacquered kingcups rest gently by the

The light breeze flirts with flag irises who Flutter their eyelashes in recognition, before

regaining military composure. On this soft morning a pale sun gilds nearby farm buildings Through a dreamy haze. In the ponds, black shadowy carp glide gracefully below the surface Like submarines waiting to do battle. A squadron of Canada geese lands noisily, Throwing up plumes of sparkling water, Úpsetting residents. Then the deep toned murmur of a tractor

STEWART Owers, a 'View' reader who now lives in Bridport wants to know "Where are they now?" Perhaps some of you girls can

carries across the valley to break the spell

#### THE GIRLS OF YESTERYEAR

Where are they now Those girls of yesteryear? With bouffant hair, "push-up" bras, A stocking top to prompt a leer.

> Down to Southend Onto the pier Laughing and giggling Those girls of yesteryear.

> > Rouge-red lips Ponytails Teddy-boy friends 'Ard as nails.

Some on the back of motor bikes, Six-inch heels on Saturday nights Leather clad, gum in mouth,

Down the A3 and all points south.

by Frank McGarry

Eyes made up, Cleopatra style, A wink of the eye, a saucy smile. Where are they now, those lovely girls, The ones who jived, twisted and whirled?

Mods and rockers, hippies too All dressed up – or down (a few) Dancing round handbags at Hammersmith **Palais** Nipping outside for a kiss in the alley.

> Some are mums, Some are not, But high heeled shoes, Mini skirts are not forgot.

Some have worn well, Some have not, Some lived on health foods Some smoked pot.

For the passing years We shed not a tear, Because we've still got Those wonderful girls of yesteryear.

If you have a short poem of your own that you would like to share with our readers please send it to: Poetry for Pleasure, Lyme Media & Events Ltd, St Michael's Business Centre, Lyme Regis, Dorset, DT7 3QF. Or e-mail it to us at: pemedia@pemedia.co.uk

# It's nearly that time of the year again - oh no it's not - oh yes it is!

CHRISTMAS and the New Year are behind you! - oh yes they are! This can only mean that the Bridport Pantomime Players will soon be back on stage at The Electric Palace with their annual pantomime which as always is a show suitable for the whole family from the youngest to the oldest - grandchildren to grandparents - enjoyable and entertaining no matter what age, and everyone knows the story of Goldilocks and the Three Bears. Not a lot of people know this, and in fact it's a closely guarded secret, but at every rehearsal the Players tuck into a bowl of porridge!

Goldilocks contains all that is expected of a pantomime - the usual cathphrases, magic, ghostly happenings, singing and dancing, booing and hissing - a good all-rounder for all ages. So cast off the

gloom of winter, spring is just round the corner and come along to the Electric Palace during the first week of February.

The Players are pleased to welcome Tom Staple making his debut as a Dame who has two children - a son Silly Billy, Teresa Grinter who is being actively pursued by Marigold Jess Ives, the village maiden whose sights are firmly set on him, and a daughter Goldilocks Emily Deer, who falls prey to the whims of the Dastardly Squire, Sue Farrant, aided and abetted by his sidekick Igor (Steve Light)

The hero of the hour is a very important person, more commonly known as Edwin Smith (played by Amy Day). The Good Fairy, who puts all wrongs to rights, is Sandy Osborne, and the story would not be complete without the family of the Three Bears, John Day, Sarah Light and Tracy Cadman. The Snow Queen who with the help of her crystal ball can read everyone's innermost thoughts is Lucy Johnston.

Goldilocks will be on stage from Wednesday 2nd - Saturday, February 5th with a matinee on the Thursday and Saturday.

Tickets (£7.00 with reductions to £6.00) are on sale from Tuesday, January 4th at Pets' Pavilion South Street, Bridport, and the Box Office is open every day (except Sundays) from 10.00am - 4.00pm.



## Disability

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## GOLDILOCKS

and THE THREE BEARS



at

#### THE ELECTRIC PALACE

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TICKETS: £7.00

Senior Citizens & Children under 16 - £6.00

Box Office at: Pets' Pavilion - South Street, Bridport From Tuesday 4th January 2011 Open 10am to 4pm, Mondays to Saturdays Telephone 01308 420045

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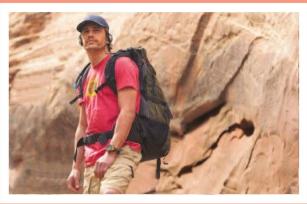
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View 2 Cinema

# Boyle directs an amazing tale of survival in 127 Hours

DIRECTED by Danny Boyle (*Slumdog Millionaire, Trainspotting*), **127** *Hours*<sup>15</sup> is the true story of mountain climber Aron Ralston's remarkable adventure to save himself after a fallen boulder crashes on his arm and traps him in an isolated canyon in Utah. Over the next five days Ralston examines his life and survives the elements to finally discover he has the courage and the wherewithal to extricate himself by any means necessary, scale a 65 foot wall and hike over eight miles before he is finally rescued. Throughout his journey, Ralston recalls friends, lovers, family, and the two hikers he met before his accident. Will they be the last two people he ever had the chance to meet?

Released Friday, January 7th



COMEDY drama *It's Kind Of A Funny Story*<sup>12A</sup>, is the big screen adaptation of the novel of the same name.

The film tells the story of troubled teenager Craig, who decides to seek help after contemplating suicide. Craig ends up in an adult psychiatric ward, and makes friends with various other patients, including Bobby (Zach Galifianakis). The patients help each other with problems and prove that life isn't so bad.

Released Friday, January 7th



TELLING the story of the man who became King George VI, the father of Queen Elizabeth II, *The King's Speech*<sup>15</sup> stars Colin Firth as the king and Helena Bonham Carter as Queen Elizabeth.

After his brother abdicates, George ('Bertie') reluctantly assumes the throne. Plagued by a dreaded stammer and considered unfit to be king, Bertie engages the help of an unorthodox speech therapist named Lionel Logue. Through a set of unexpected techniques, and as a result of an unlikely friendship, Bertie is able to find his voice and boldly lead the country through war.



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The Chronicles of Narnia: The Voyage Of The Dawn Treader *in 3D* PG Sat, Sun: 13.10

**Little Fockers** <sup>12A</sup>
Daily: 20.20, Plus Sun, Wed: 15.45

The Next Three Days <sup>12A</sup>
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Love And Other Drugs <sup>15</sup>
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# Russell Howard to headline first Electric Comedy of 2011

ELECTRIC Comedy brings the absolute biggest stars in comedy to the beautiful stage of Bridport's Electric Palace every month. With previous guests including Lee Mack, Ardal O' Hanlon, Reginald D Hunter, Chris Addison and countless more it simply is the best place to catch the countries funniest people.

Kickstarting 2011, Electric Comedy is extremely proud to welcome back Mock the Week comedy megastar *Russell Howard* on Monday, January 10th.

Russell is one of the UK's most successful, hilarious and exciting live comedians in the world, performing to more than 58,000 fans over nine nights on his last UK arena tour, which saw the comic visit some of the county's biggest venues, including Wembley Arena and the Manchester Evening News Arena.

Known to millions from Mock The Week, Russell is also the star of his very own BBC3 show 'Russell Howard's Good News'. The show has become the most watched

show in the channels history and also one of the most requested shows on the Iplayer.

Russell now heads back to the Electric Palace for an extremely rare intimate warm-up show ahead of his biggest ever sold out arena tour in February 'Right Here, Right Now'.



Joining Russell for this simply unmissable night is the wonderfully dry Dan Atkinson and the return of yarn-spinning resident host Craig Campbell.

Tickets, costing £15, go on sale on today (Wednesday, January 5th) exclusively from Bridport Music

# Live screening of Ballet from the Bolshoi

ON Sunday, January 23rd at 4pm, the Electric Palace in Bridport will be screening the second ballet of the season 'Class Concert and Giselle' live from the Bolshoi Theatre in Moscow.

The Electric Palace are screening 'Giselle' as the second showing in a new season of 'live' ballets from Paris and Moscow. The Palace opened the season with a Christmas screening of the Nutcracker which a huge success with an audience of approximately 300!

The growing success of the live screenings of opera, ballet and theatre are encouraging to the Palace, who took a risk when purchasing the satellite dish in order to be included in the live broadcasts.

'Class Concert' is a ballet in one act on the theme of a ballet lesson and is choreographed by Asaf Messerer.

'Giselle' recounts the moving story of a peasant girl whose everlasting love transcends death. New choreographic version by Yuri Grigorovich. Music by Adolphe Adam.

Please support the Electric Palace's work in bringing these wonderful arts opportunities to Bridport and

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> Bring your own alcohol (save pounds off your bill!) New currys added which you may not have tried yet!

Reservations recommended on weekends To book or for more details call 01297 442505 or 444602

Sound & steam session HIGHLANDS EN Relax, recharge, indulge and enjoy One free Swim, Sauna and Steam room session with completed voucher below between 05/01/11 and 12/01/11 A choice of memberships and facilities to meet vour needs Weekdays 9am-8pm (Thu 7.30am, Tue 7.30am - 6.30pm) Weekend 9am-7pm No administration fees Adults only 9am (Tue & Thu 7.30am) Memberships start from £75.50 - 10.30am and 6.30pm-8pm Please complete and present voucher at the Pool reception for your free Swim, Sauna and Steam One voucher per person
 Under 18s must be accompanied by an adult Under 18s are not permitted to use the Sauna or Steam Room
 Coupon excludes use of gym equipment ....Postcode.... Email. ..Phone ..

Highlands End Leisure Club, Eype, Bridport DT6 6AR 01308 426912 / 426945 leisure@wdlh.co.uk / www.highlandsend.co.uk

**Brain Gym** 

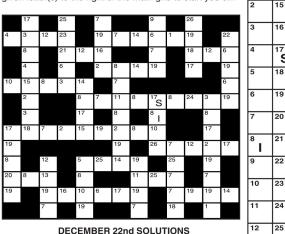
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RainToday? Don't get caught out in the rain or snow Visit www.RainToday.co.uk

#### Codeword

Each number in the grid represents a different letter of the alphabet and every letter of the alphabet is used. Use the given letter(s) to the right of the main grid to start you off.



#### **Double Crossword**

Choose either quick or cryptic clues - both fit the same grid.

#### **Cryptic Clues:**

Across

#### 7. Scene of combat a

- long time back (5)
- 8. Raids on raids. perhaps (7)
- 9. Relatively gentle colour? (7)
- 10. A first-class colour spread abroad (5) 12. They go on fast, on
- water only (10) 15. Loyalties that are
- relatively important (6,4)18. Take out some of
- the opera seats (5) 19. Results of lobbing?
- 21. Assemble for a little
- prayer (7) 22. She puts quite a lot
- of ice in her beer

#### **Quick Clues:**

- 7. Swear (5)
- 8. Smoke-stack (7)
- 9. Enclose (7)
- 10. Suppose (5)
- **12.** Effect (5, 5)
- 15. Short-lived (10) 18. Scots landowner
- (5)19. Springy (7)
- 21. Coached (7) 22. Strict (5)

#### Down

- 1. Standing charge for car-drivers (7.3)
- 2. It's intended in some anti-social activity (5)
- Fine opportunity for entertainment (4)
- 4. It's entertainment value is questionable! (6)
- 5. Introduction before a stroll? (8)
- 6. Good route for longdistance driver (7) 11. Died with heart
- strain in great pain? (10) 13. Didn't take things in
- a big way (8) 14. Can I be so friendly? (7)
- 16. One invests in them and hopes (6)
- 17. Reliable firm (5) 20. Sang out in difficulty (4)

#### Down

- 1. Unintentional (10)
- 2. Beaten path (5) 3. Bill of fare (4)
- 4. Hide (6)
- 5. Extinct animal (8) 6. Fire-dog (7)
- **11.** Charming (10) 13. Inmate (8)
- 14. Chief city (7) 16. Tramples (6)
- 17. Speak (5) 20. Too (4)

#### DECEMBER 22nd SOLUTIONS

DECEMBER 22nd SOLUTIONS
CRYPTIC - Across: 7 Agreed; 8 Tomato; 10 Tsarina; 11 Nouns; 12
Ebon; 13 Anvil; 17 Waits; 18 Ruin; 22 Craft; 23 Oneself; 24 Railed; 25
Repair. Down: 1 Earthed; 2 Creator; 3 Denim; 4 Hobnal; 5 Vague; 6
House; 9 Carnation; 14 Tastier; 15 Numeral; 16 Uniform; 19 Acorn; 20
Sadie; 21 Seven. QUICK - Across: 7 Abacus; 8 Calico; 10 Parsnip; 11
Inlet; 12 Late; 13 Meant; 17 Silly; 18 Less; 22 Pivot; 23 Numeral; 24
Recent; 25 Profit. Down: 1 Happily; 2 Narrate; 3 Funny; 4 Salient; 5
Yield; 6 Mouth; 9 Appealing; 14 Distant; 15 Terrify; 16 Isolate; 19 Spare; 20 Evict; 21 Smart.

#### Sudoku

Fill in the grid below so that every column, 9 5 3 7 2 6 every row and each of the 3x3 boxes contains 6 4 all the digits 7 from 1 to 9. 2 7 9 6 DECEMBER 22nd 7 9 5 6 9 4 3 9 1 8

5

3

4

#### Circlegram

Replace the question mark with a letter so that the letters within each circle can be arranged to form words on a common theme. What are the three words, and the letter represented by the question mark?

DECEMBER 22nd SOLUTIONS The letter



Pubs with live music, food or accomodation

# Beat the credit crunch! Treat yourselves to

at The Coach & Horses South Perrott

Every lunchtime 12 = 2.30pm

Cod, Chips & Peas • Beef Chilli & Rice Cheese Burger & Chips Chicken Tikka Masala & Rice Homemade Lasagne & Chips 3 Bean Chilli & Rice (V) Sausage, Egg & Chips

Tel: 01935 891270



Saturday 8th January

ADAM SWEET & BAND 9PM

Saturday 15th January

**ELECTRIC LANDLADY 9PM** 

**Monday 17th January** 

QUIZ NIGHT (In aid of CYP) 9PM

Saturday 22nd January

**CHRIS STUCKEY 9PM** 

**Sunday 23rd January** 

WEST & BLACK 4PM

www.nagsheadlymeregis.co.uk

Social club

## **B**RADPOLE SOCIAL CLUB

Saturday 8th January

**BINGO** 

Doors open 7.15pm

Eyes down 8pm

Saturday 29th January

LIVE MUSIC - Vinyl Monkeys

9pm - Over 18s only



Our hearty winter warmer menu is available for £5

Menu examples include:

- Game Pie
- Chilli Con Carne
  - Coq Au Vin
- Vegetable Lasagne and Garlic Bread
  - Bar Snacks Sandwiches
  - A Traditional Menu
  - Changeable Blackboards
  - and Homemade Desserts • Takeaway Menu available
- Monday to Saturday 11.30am to 3.00pm and 6.00pm to 11.00pm Sunday 12noon to 3.30pm and 7.00pm to 10.30pm

#### THE CROWN INN WEST BAY ROAD, BRIDPORT

Saturday 8th January 9.30pm-midnight

THE GRADUATES

Saturday 15th January

9.30pm-midnight PHOENIX (Wimbourne)

www.lemonrock.com/crowninn

Tel 01308 422037

**Boot camp** 

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7 Day Residential Courses ✓ Weekend Courses from just £60

New Year workoff starts 2nd Jan

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Antiques and collectables fair

### **Beaminster Fairs**

**Antiques & Collectables** 

Public Hall, Beaminster 9.30am - 4.00pm

Small furniture, Textiles, China, Glass, Silver, Jewellery, Books, Pictures etc.

### Saturday, January 8th

(Next Fair 12th February) Home made refreshments

Enquires: Meadow Fairs 01297 24446

Horse ridina

#### RIDING LESSONS

For children & adults, small groups or individuals at Elwell, Waytown, **Bridport** 



Tel 01308 459566 Licenced & Insured



Discos



Dance classes

# SHALL WE DANCE

**RUMBA** Baptist Church,

Silver Street LYME REGIS

**Tuesday Evenings** 

7.30 - 9pm £6 per class

Classes at Bridport, Lyme Regis and Axminster



Charlton Down, Nr Dorchester

Starting Thursday 6th January Ballroom & Latin American Classes

for Beginners & Improvers BEGINNERS £4.00 each ... 7.15pm to 8.15pm IMPROVERS £4.00 each ... 8.15pm to 10.00pm

The improvers class will also include some

Popular Sequence Dance Tuition

Phone for more details Tel: 01929 471188 • Mob: 07719 630707 Slimming classes



because you're amazing

Beaminster Public Hall Wednesdays at 5pm and 7pm Call Becs on 01308 861486

**Shooting range** 



DJ equipment



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# The Bull Inn at Swyre **PURCHASE ANY 2 STEAK**

MEALS AND RECEIVE A **COMPLIMENTARY BOTTLE** OF HOUSE WINE

**NOW OFFERING A 24oz** T-BONE STEAK £26.50 24oz MIXED GRILL £19.95

Including steak, gammon, pork, lamb and sausage

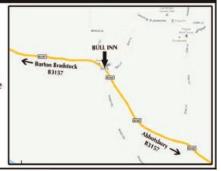
## SENIOR CITIZENS **LUNCHTIME MENU**

2 courses for £6.95 (Mon - Fri)

Lunchtime and evening menu available daily

En suite B&B available Function Room available for weddings, parties and meetings

**Bookings Tel:** 01308 897250



## **Motorcycling** – A Skill for Life - A series of free presentations

THE Institute of Advanced Motorists (IAM) Skill for Life (SFL) programme has been especially designed to make motorcyclists more skilled, confident, controlled and safer on the roads.

Motorcyclists are invited to attend a free course consisting of three, two hour theory presentations to be held at Southern Counties Leisure Centre (Clay Pigeon), Wardon Hill, Evershot, Dorchester, Dorset, DT2 9PW. They will be held on Friday, February 18th, Thursday, February 24th and Thursday, March 3rd, commencing

The presentations are arranged by the Dorchester and West Dorset Advanced Motorcyclists (DWDAM) and supported by Dorset County Council. The presentations, which support the practical aspects of the SFL programme, are presented by a qualified civilian police riding instructor. For further details and to reserve a place, contact Brian Purnell, Group Secretary DWDAM either via e mail at secretary@dwdam.org.uk or telephone 08000 481828. These annual presentations have proved to be highly popular with motorcyclists with over 100 riders attending hence early reservation is rec-



### BEAMINSTER COMMUNITY

# SPORTS HALL OPEN DAY

SATURDAY 8TH JANUARY 10.00 - 16.00

FREE TASTER SESSIONS



10.00 - 11.00 Aerobics / Children's Soft Play

11.00 - 11.55 Table Tennis and Basketball

12.00 - 12.55 Badminton

13.00 - 13.55 Short tennis

14.00 - 14.55 5 A-side football

15.00 - 15.55 Step-aerobics / Children's Soft Play

BEAMINSTER COMMUNITY SPORTS ASSOCIATION MANAGER: RICHARD MOONEY 07957 627627

To advertise

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Leisure

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or email

fred@pe

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# **Diary Dates**

#### MONDAY JANUARY 3RD

LYME REGIS: New Year's Treasure Hunt/Launch of Maritime Lyme from 11am - 3pm. Starting at Lyme Regis harbour, RNLI station, slipway and Sailing Club. The treasure hunt moves along the Marine Parade to the Lyme Regis Museum, with family fun and clue collecting along the seafront. For more details visit www.maritimelyme.co.uk or call 01297 443370.

#### FRIDAY JANUARY 7TH

BRIDPORT: "The Most Flowery Places in the World", an illustrated talk by Bob Gibbons from 7.30pm at Bridport United Church Hall, East Street. Organised by West Dorset Group of the Dorset Wildlife Trust. Telephone 01308 423442 for more details.

#### SUNDAY JANUARY 9TH

**Upwer:** Antiques, Collectors & Craft Fair from 9am - 4.30pm at Upwey & Broadwey Memorial Hall. Telephone 01305 824164 for more details.

#### MONDAY JANUARY 10TH

PARKSTONE: The Men of the 7th Battalion, Hampshire Regiment 1914-1919 at St John's Church Hall, from 7.30pm for 8pm start. Members £2, non members £3. Parking available. Telephone 01202 785623 for more details.

DORCHESTER: U3A Monthly Meeting with Group Leaders demonstrating / explaining what is on offer. All retired or semi-retired welcome. Coffee/tea available. At Holy Trinity Hall, Culliford Road from 10am - 12noon. Telephone 01305 250347 for more

#### **TUESDAY JANUARY 11TH**

BRIDPORT: Talk: "Methodist Chapel to Parish Church" at the United Church Hall from 2.30pm. Telephone 01308 456876 for more details.

#### **THURSDAY FEBRUARY 13TH**

LYME REGIS: Soup and Pudding Lunch at the Pilot Boat (Inn Place) from 12-2pm. £5.50 to include Soup, Pudding and Coffee.

#### SATURDAY JANUARY 15TH

Mosterton: Burns' Night - Mosterton Style! At Mosterton Village Hall from 6.30pm (For 7.00pm start). Tickets cost £10, or £9 in advance - call 01308 868631 or 867891 for bookings or more details.

#### THURSDAY JANUARY 20TH

DORCHESTER: Dorset Plant Heritage 'Floweriest Place in the World' with Dr Bob Gibbons, Photographer, Botanist, Author and Naturalist. Well worth coming to! Visitors welcome (£2 entry). Telephone 01305 848224 for more details.

BRIDPORT: Yoga - Beginners and Level 1 classes at St John's Ambulance Hall, Rax Lane. Weekly from this date. For more details call 01460 77398

BROADMAYNE: Market at St Martin's Community Hall (next to the church). Raffle plants, books, jigsaws, cards, local pork, sausages and eggs, cakes and preserves, fair trade goods, cards and jewellery and a chance to sit and chat with a cup of tea or coffee. Proceeds to St Martin's Community Hall. For more details call 01305 853765.

#### WEDNESDAY JANUARY 26TH

**UPLYME**: Talk: 'Secrect World Of Violets' with Clive Groves of Groves Nursery. From 7.30pm at Uplyme Village Hall. Organised by Uplyme and Lyme Regis Horticultural Society. Non members £2. Telephone 01297 444034 for more details.

#### SUNDAY JANUARY 30TH

WHITCHURCH CANONICORUM: Annual Farmhouse Breakfast 9am - 2.30pm. For more details call Sue on 01297 489375.

#### FRIDAY FEBRUARY 4TH

BRIDPORT: "Dragonflies", an illustrated by Andrew Brown from 7.30pm at Bridport United Church Hall, East Street. Organised by West Dorset Group of the Dorset Wildlife Trust. Telephone 01308 423442 for more details.

#### FRIDAY FEBRUARY 18TH

BROADMAYNE: Market at St Martin's Community Hall (next to the church). Raffle plants, books, jigsaws, cards, local pork, sausages and eggs, cakes and preserves, fair trade goods, cards and jewellery and a chance to sit and chat with a cup of tea or coffee. Proceeds to St Martin's Community Hall. For more details call 01305 853765. EVERSHOT, DORCHESTER: Institute of Advanced Motorists Skill for Life programme, designed to make motorcyclists more skilled, confident, controlled and safe. Held at Southern Counties Leisure Centre from 7pm.

BRIDPORT: Nearly New and Jumble Sale for Street Children of India from 10am at United Reform Church. Telephone 01308 459001 for more details.

View 2	West Dorset Diary Dates listings form
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# PropertyView

www.click2view.co.uk FREE EVERY WEEK WITH VIEW FROM

Issue 240 Wednesday, January 5 2011

# Two bedroom ground floor apartment in Lyme Regis

SITUATED in the popular Buckfields development is this two bedroom ground floor apartment for £250,000. It is situated within walking distance of the town centre and sea front. It would suit holiday home or let.

Buckfields is a development of 14 flats situated a short distance from the town centre and sea front. Benefiting from a secure gated entrance, entry phone system, passenger lift and attractive communal gardens.

Number 2 Buckfields is a ground floor two bedroom apartment with its own private patio area leading from the apartment. Attractive well maintained communal gardens with a pedestrian gated provides access to Silver Street.

Lyme Regis is famed for its many historic connections and character buildings, and of course, for its well known Cobb Harbour. As a resort, it is considered quite unspoilt, but has most of the shops and amenities that one could require, in addition to which there are numerous leisure activities including both sailing and power boat clubs, a cliff top golf course and a bowling club. The whole coastline with Lyme Regis and Charmouth at its centre has recently been designated a World Heritage Site, the Jurassic Coast, putting it in the same category as the Grand Canyon. It lies approxi-

mately 5 miles from the market town of Axminster, with its main line railway connections to Waterloo (Approx. 2 3/4 hours). Taunton and Exeter are within a radius of about 30 miles with access to the M5 motorway and the county town of Dorchester is a similar distance. Locally there are primary schools in Lyme Regis and Uplyme along with the well respected Woodroffe and Colyton Grammar Schools.

The accommodation comprises:- communal entrance, entrance hall, living room, kitchen fitted with a good range of wood fronted base units and wall cupboards with laminate work surfacing, two bedrooms and a bathroom. Accessed from the living room via the patio doors to the private patio which in turn takes you to the communal gardens with paved seating area and herbaceous borders and steps leading to gated access to Silver Street.

The flat is held on a 125 year lease from 2006. We are advised by the vendors that the current maintenance charge is approx £1,300 per annum (2010). HOLIDAY LETTING IS PERMITTED.

For more information or to book a viewing please call Fortnam Smith & Banwell (Lyme Regis branch) on 01297 445666.











# New Lettings Manager at Symonds & Sampson Dorchester branch

EMMA Jane Shelton has joined Symonds & Sampson as Lettings Manager of their Dorchester branch. Born and brought up in Dorset, she lives locally to Dorchester with her husband for the past 8 years.

Emma Jane has the necessary ARLA and management qualifications, bringing a wealth of experience to the firm after 11 years in the agency business. She was previously the manager of a specialist Lettings company in Dorchester and says she is committed to delivering outstanding customer service.

"I am really pleased to have this fabulous opportunity. Symonds & Sampson is known for providing a comprehensive service to their lettings clients and I look forward to working with the excellent team already in place in Dorchester." Emma Jane can be contacted on 01305 261171 or email ejshelton@symondsandsampson.co.uk



# ADVERTISE YOUR PROPERTY TO LET OR PRIVATE SALE FOR JUST £9.99

To place your ad either fill out this coupon and send it to Lyme Media and Events Ltd, Unit 3, St Michaels Business Centre, Church Street, Lyme Regis, Dorset DT7 3DB. Call Jemma on 01297 446158 or email jemma@pemedia.co.uk by 12 noon on Monday for the Wednesday's Publication.

Name		
Address_		

Telephone No.

Payment can be made over the phone by credit or debit card or by cheque made payable to Lyme Media and Events Ltd.





# HOLLOWAY

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#### 35 SOUTH STREET, BRIDPORT

#### BRIDPORT - £100,000



A ground floor chalet, only 5 minutes from coastal village centre, offering easily maintained accommodation with garage. Bedroom, kitchen, living room, sun room, shower room, gardens, garden store, green house, garage.

#### BRIDPORT - £117.000



A modern purpose built first floor retirement apartment in prestigious village development. Bedroom, reception hall, en suite shower room, living room, kitchen, Communal hall and gardens.

#### BRIDPORT - £124,500



A recently constructed ground floor apartment in Bridport Town Centre enjoying a level access to all amenities. 1 bedroom, living room/kitchen, bathroom electric radiator CH, double glazing.

#### BRIDPORT - £148,000



An interesting and spacious 2nd floor apartment offering delightful accommodation just off the coastal holiday village and ½ mile to town.

1 Bedroom, reception hall, living room, kitchen area, shower room, parking, gas CH, DG, Outstanding views.

BRIDPORT - £160,000



A newly arranged and refurbished ground floor coastal apartment adjacent to the promenade and the sea front.

2 bedrooms, bathroom, kitchen/living room communal gardens.

#### BRIDPORT - £165,000



An almost new purpose built maisonette in market town centre offering superior accommodation. Kitchen, living room, 3 bedrooms 1 ensuite, family bathroom, cloakroom and parking.

#### BRIDPORT - £194,000



A unique second floor studio penthouse apartment offering very spacious character accommodation.

2 bedrooms, study, sitting room, kitchen, shower room, bathroom, garden and garage.

#### **BRIDPORT - £195,000**



A modern elegant ground floor apartment quietly located at market town centre. Must be viewed to be appreciated. 2 bedrooms, master en-suite, living room, bathroom kitchen/breakfast room, courtyard garden, parking

#### BRIDPORT - £220,000



An elegant ground floor apartment in refurbished Grade II listed building, just off market town centre. Master bed en-suite, bedroom 2, shower room, living room, kitchen, gas CH, parking, communal grounds.

#### **BRADPOLE - £235.000**



A well presented semi-detached character cottage with garden and parking in active village location. 2 double bedrooms, living room, conservatory/dining room, bathroom cloakroom, Gas C. H.

#### BRIDPORT - £265,000



A mature detached bungalow with interesting garden, capable of enlargement and improvement. 2 beds, lobby, attic/studio room, kitchen, utility area, lounge/diner, Sun room, gas CH, garage, parking, views.

#### BRIDPORT - £320,000



An exceptionally well presented and most spacious split level bungalow in a sort after residential area with views. 2 bedrooms, reception hall, 2 reception rooms, kitchen / breakfast room, cloakroom, large conservatory utility, garage, gardens, Gas CH, DG

#### WEST BAY - £350,000



An interesting well presented bungalow in sought after residential area just off the Jurassic coastal path with extensive inland views. 3 bedrooms, lounge, kitchen/breakfast room, conservatory/dining room, gardens and garage.

#### BOTHENHAMPTON - £350,000



A well presented detached bungalow, enjoying exceptional panoramic views from its elevated location. Master bed en-suite, 2 further beds, living room, kitchen, sun room gas C. H., D. G., garage, large garden.

#### BRIDPORT - £525,000



A superb spacious property offering elite family accommodation or possible guest use. Offering 4 bedrooms (3 ensuite) lounge, superior kitchen, dining rm, study, family bathroom, utility and double garage.

#### **BRIDPORT - £395 PCM**



2ND FLOOR PART-FURNISHED STUDIO. KITCHEN, BATHROOM, GAS CH. NO DSS, NO PETS, NO CHILDREN. (Ref. 560)

#### CHEDINGTON - £1000 PCM



VERY RURAL 3 BEDROOM SEMI DETACHED HOUSE. LOUNGE, KITCHEN DINING ROOM. GARDEN AND GARAGE. NO DSS (REF 744)

#### **BRIDPORT - £580 PCM**

2 BED MODERN
MAISONETTE,
PART FURNISHED,
KITCHEN, BATHROOM,
LOUNGE, GARAGE &
PARKING.
NO DSS NO PETS
OLDER CHILDREN
OR BABY ONLY.
REF ( 750 )

#### **BRIDPORT - £535 PCM**



2 BED (1 ENSUITE) 1ST FLOOR MODERN APARTMENT IN TOWN CENTRE. PART FURNISHED BATHROOM, LOUNGE, PARKING. NO PETS NO DSS OLDER CHILDREN POSSIBLE. REF (512)

#### **BRIDPORT - £650 PCM**



2 BED 2ND FLOOR APARTMENT OPEN PLAN KITCHEN/LOUNGE, BATHROOM, GAS CH PARKING. NO DSS NO PETS NO CHILDREN REF ( 749 )







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#### HARCOMBE ROAD - £445,000



Entrance Hall - Lounge - Dining Room - Kitchen -Utility - Cloakroom - Study/Bedroom Four - Master tedroom With Ensuite Shower Room - Double Bedroc With Dressing Room - Further Bedroom - Family Bathroom - Garage - Parking - Gardens - Upvc Double Glazing - Oil Fired Central Heating.

#### WINSHAM - £225,000



- Entrance Hall - Lounge - Kitchen/Diner - Wc - Three Bedrooms - Family Bathroom - Garage - Gardens - Courtyard - Parking

#### **UPLYME - £450,000**



Entrance Hall - Utility Room - Kitchen/Dining Area Living Room - Master Bedroom With En Suite Shower Room - Further Three Bedrooms -Bedroom Five/Study - Family Bathroom - Garage Driveway - Gardens.

RHODE BARTON - £187,500



Open-plan living room/kitchen - landing - two be bathroom - night-storage heating - double-glazed windows communal gardens - car-parking space - twelve months noliday occupancy. NB: This property can only be occupied as a second home/ holiday let.

#### **COOKS LANE - £387,500**



A modern detached four bedroom bungalow completed 5 years ago and located in the popular area of Raymonds Hill. Storm porch. Hallway. Kitchen/Diner. Lounge 4 bedrooms. Master en suite. Family bathroom. Integral garage. Enclosed gardens. Very good order. NO CHAIN

#### LYME REGIS - £595,000



An individual detached house with views and large gardens situated along a desirable private drive to the western side of Lyme Regis. Porch – Entrance Hallway – Wc/Shower Room – Study – Kitchen – Utility Room – Dining Room – Lounge – Three Double Bedrooms – Bathroom – Carport -Garage - Driveway - Gardens - Greenhouse

#### LYME REGIS - £155,000



A light and spacious one bedroom first floor flat within walking distance of the town and beach with parking. Views across the town to the sea, coastlinand Golden Cap. Kitchen - Lounge - Double Bedroom - Shower Room - Gfch - Parking

#### LYME REGIS - £365,000



A rare opportunity to purchase a detached property with ample parking conveniently located in a quiet location yet close to all shops local amenities and he sea. Scope to improve and update. Views to the sea and Golden Cap. No onward chain

#### LYME REGIS - £197.500



Kitchen/Lounge - Bathroom - Parking - Fully Equipped For Letting - Ideal Holiday Let/Second Home/ Permanent Residence - Investment Potentia

#### LYME REGIS - £295,000



Entrance Hall - Lounge - Kitchen -Three Bedrooms - Bathroom -Separate Wc - Single Garage -Garden With Sun Terrace

#### LYME REGIS - £895,000



A unique opportunity to acquire a charming detached Grade II listed thatched property currently run as a successful Bed and Breakfast business



Entrance porch. Lounge/Dining room. Large kitchen. Cloakroom. Four bedrooms. Master en suite. Family bathroom. Integral garage. Parking. Large gardens to front and rear.















# Smith & Banwell www.fsb4homes.com O1297 560945 01297 445666 01297 23939 CHARMOUTH LYME REGIS SEATON SEATON

fsbseaton@btconnect.com

#### CHARMOUTH - £129,950



A first floor flat in a Regency building situated in The Street close to local shops and amenities in the popular coastal village of Charmouth. Communal hall with entryphone entrance hallway - living room with kitchenette - double bedroom - bathroom - some original features - allocated residents' parking - communal gardens

#### CHARMOUTH - £279,995



A new, brick built, detached, two-bedroom bungalow with a contemporary feel, vaulted ceiling + open plan Living/dining room with woodburner - fitted kitchen - two double bedrooms - bathroom - garden - parking - double-glazing - gas-fired central-heating - new NHBC guarantee - close to beach and village centre

#### CHARMOUTH - £435,000



A detached 3/4 bed former bungalow now extended to provide additional first floor accommodation, with elevated views over the village, surrounding countryside and Lyme Bay

#### CHARMOUTH - £569,000



B & B or Residential Regency style 4 bed detached house with self contained detached annexe, garden and ample parking. Elevated position with sea views

# Time is running out... .avoid the VAT rise in January!



#### CHARMOUTH - £240,000



Ready to let A beautifully spacious Leasehold apartment in immaculate condition. Priced fully furnished.

CHARMOUTH - £439,999

#### CHARMOUTH - £190,000



A delightful, period, two bedroom detached cottage set back from The Street. In need of some refurbishment.

#### We will hold VAT at 171/2%\* on all new instructions received before the 31st January 2011 \* We will adjust our fee, so you will only pay the equivalent of 171/2%.

Contact us now to take advantage of this special offer!

> **Fortnam** Smith & Banwell

01297 560945



Pristine detached 3 bedroom property with views, south facing enclosed rear garden, in lovely condition and on the level 5 mins walk

from sea and village shops. Quiet location in cul de sac.

#### CATHERSTON LEWESTON - £435,000





The western wing of a Grade II Listed Manor House, in a beautiful rural setting with coastal and countryside views. Sitting room - Dining hall - Kitchen/breakfast room - Utility/cloakroom - Large landing area with open study - Four bedrooms - En-suite bathroom - Shower room - Family bathroom - Period Features- Garage Communal gardens - Gas central heating

#### CHARMOUTH - £199,500



situated on the eastern edge of the sought-after coastal village of Charmouth. WDDC restriction applies

## **COMING SOON**

### **CHARMOUTH** £449,999

Detached 3-4 Bed property on Western side of village with sea views















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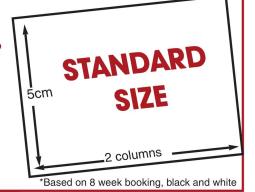
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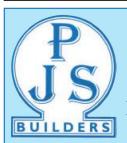
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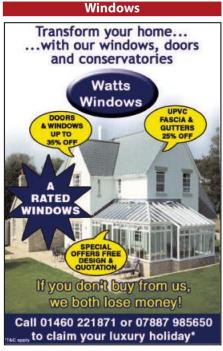
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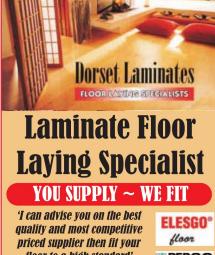
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clinch it. It has almost immediate critical actelepathic steering, superbly linear major controls, looks (and sound) to die for. Hell, it's even comfortable."

The Daily Telegraph's "Money No Object Car of the Year" award follows on from a raft of several other awards for the 458 Italia including Car magazine's "Performance Car of Year", Fifth the Gear's"Fast Car of the Year", BBC Top Gear Magazine's "Supercar of the Year" and "Car of the Year", GQ Magazine's "Supercar of the Year", MSN Cars "Car of the Year", and Auto Express's "Performance Car of the Year".

The Ferrari 458 Italia was revealed at the Frankfurt Motor Show in September 2009 to

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### Mazda targets motability drivers and driving schools with new Mazda2 automatic

significantly upgraded Mazda2 range has gone on sale and now includes an automatic model. Mazda expects the new Mazda2 Automatic to prove so popular, particularly with Motability drivers and driving schools, that it will quickly become one of the bestselling variants of its acclaimed supermini range.

The Mazda2 has always been in demand from those who lease a car through the Motability Scheme, and the arrival of the Mazda2 Automatic will increase this trend. To build on the anticipated impetus, Mazda2 Automatic will feature in Mazda's special driving school programme, alongside the lower-medium sector Mazda3.

The programme is aimed specifically at the 17,000 qualified driving instructors who are selfemployed or work for small driving schools across the UK. Anecdotal

evidence suggests that many newly qualified drivers go on to purchase either new or secondhand a car similar to the one in which they received driving lessons.

The new five-door automatic Mazda2 is badged 'TS2 Automatic' and sees a four-speed automatic transmission mated to the 1.5-litre engine, which returns 44.8mpg with CO2 emissions of 146g/km. The model costs £12,370\* on the road.

The newly launched nine-strong line-up of three-door and five-door Mazda2 hatchbacks costing from £10,305\* on the road offers customers a choice of three petrol and one diesel powertrains, and four generous equipment levels.

The petrol engine lineup features a 1.3-litre with power outputs of either 75ps or 84ps and a 1.5⊠litre 102ps. The diesel engine is a 1.6 litre 95ps Trim levels are TS, TS2, Tamura and Sport.

New features appearing across the entire upgraded Mazda2 range designificant improvements to interior comfort, ride quality, handling and refinement.

Mark Cameron, Sales Director at Mazda UK believes that the new 'Mazda2 Automatic' is certain to expand the appeal of Mazda's smallest car. "The Mazda2 Automatic has been launched due to significant public demand. We expect it to become one of the best

selling Mazda2 derivatives, helped by demand from Motability drivers and sales generated by our driving schools programme."

Standard equipment on the Mazda2 range has always been unusually generous for a B-segment supermini. The upgraded line-up means that every model now comes with remote central locking, air-conditioning, electric front windows, electric door mirrors, a piano-black

with auxiliary jack and a Thatcham Category 1 alarm

Moving up the range, TS2 models (which include the new automatic) feature 15-inch alloy wheels, side and curtain airbags, leather steering wheel with audio controls, two additional audio speakers, 60/40 split rear seats, trip computer with speed alarm and (on the Automatic) Dynamic Stability Control (DSC).

### Triple whammy for drivers in new year warns IAM

THE IAM is warning that serious deterioration in the condition of many UK roads, due to severe winter weather, could be even worse than last year as the country's roads thaw out. The pothole-ridden state of the UK's roads coincides with a double increase in the price of running a vehicle, with a 0.76 p increase in fuel duty on 1 January and the VAT increase to 20 per cent on the 4th.

Neil Greig, IAM Director of Policy and Research, said: "Drivers will be rightly incensed that cutbacks on essential road spending are taking place while they are being forced to dig deeper to stay mobile. A car is not a luxury item and if running costs go up, the household budget will have to be cut elsewhere to compensate."

The IAM want some of the new duties and taxes to be earmarked for road repairs and road safety measures. Every year the government raises more than £25billion in fuel tax and £13billion in VAT from road users. It makes long-term economic sense to keep investing in better roads now to save even higher bills in the

Mr Greig continued: "While cuts to the budget for road repairs are frustrating drivers must learn how to deal with the state of the roads today, so bear in mind the following tips for safely navigating potholes and broken surfaces":

· Leave plenty of room between you and the vehicle in front so that you can see the road surface before you drive or ride

• If you do hit a pothole, check your tyres

once you've stopped. Examine the inner as well as the outer tyre wall, which may have been damaged.

 Get the wheel alignment (tracking) checked as well; an impact with a pothole can easily disturb the adjustment, resulting in rapid tyre wear and affecting the car's handling.

· Avoid suddenly pulling out to avoid a pothole – there might be a motorcyclist trying to get past you, or you could enter the path of an oncoming vehicle

· Potholes can be even more dangerous for cyclists and motorcyclists; give them plenty of room to steer past them. They are entitled to a wobble and would appreciate not having a motorist trying to overtake as they are taking avoiding ac-

· Potholes tend to reappear in the same place as previous repairs fail - remember where you've seen one and expect it to be there again.

· Be extra vigilant on roads with lots of lorries, and around bus stops. Extra pressure is put on the road surface wherever heavy vehicles stop, start or turn.

Mr Greig continued: "Anticipation, planning and good forward vision will help you spot that lethal pothole and help avoid unwanted extra bills for new tyres and wheels. You can reduce your running costs right away by adopting advanced driving techniques or taking an eco-driving course which have been shown to deliver immediate savings of up to 30 per



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### Further recognition rounds off a great 2010 for Škoda

AS A great 2010 for Škoda draws to a close, the Superb Estate has attracted recognition from both the Daily Express and MSN Cars, who also listed the Fabia vRS amongst its Best Cars of 2010.

The Superb Estate was named Best Estate in the Daily Express' Motoring Oscars 2010, as Nat Barnes explains: "Superb Estate has a huge 1,865litre boot. Better still, prices start at just £17,720, undercutting the massive Mercedes E-Class by more than 12 grand. You won't find more metal for your money.

Similarly, Richard Aucock chose the Superb Estate in MSN Cars' Best Cars of 2010 list, describing it as "Big and inexeconomical pensive, and swift, well-built and well equipped, it has it all. And then there's the breathtakingly 1,865-litre boot."

The Superb Estate is no stranger to praise, with hit Channel 5 show, Fifth Gear naming the Superb Estate its Family Car of the Year 2010 earlier this month, while Auto Express crowned it Best Estate Car in its New Car Awards 2010.

Meanwhile, the hot Fabia vRS also made MSN's list. "I had no preconceptions about the vRS, but within 100 metres I was smitten," says Peter Burgess of the vRS. "The 180hp supercharged and turbocharged 1.4 is a dream, the DSG transmission superb and the chassis sublime. Simply enormous fun."

This very welcome praise rounds off what has been the most successful year ever for Škoda in the UK, with a raft of product awards for the Octavia, Yeti and Superb. Škoda's other awards in 2010 include Which? Manufacturer of the Year and given the Car? Reader

Award for Best Manufacturer 2010. Škoda also recently came top in the Auto Express Driver Power Survey, while the brand was yet again ranked in the top 10 manufactures of the JD Power Customer Satisfaction Survey for the 17th consecutive year.

These accolades are reflected by record sales, with more than 40,000 sold in the UK so far this year, increasing overall market share to over



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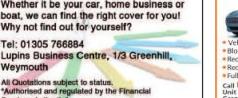
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**Horse Racing** 

**WITH STUART BROOM** 

# New Year sees Buckler beat the bogey

THE New Year finally saw Bob Buckler break the worst losing sequence in his training career when **Crank Hill** romped home in the Billy Williams Memorial Novices' Handicap Hurdle at Exeter non New Years Day.

The nine-year-old having his first run since March following a throat operation in the summer, led the field from the off, and Nathan Sweeney, who gave him a superb ride, made his bid for victory as they approached the turn for home.

Only the Philip Hobbs trained Calusa Shadow was able to compete, but when he stumbled at the third last, Crank Hill kept his nerve with a gutsy display to win lengths from Brunette's only who passed the fading Calusa Shadow near the

Buckler was not only delighted but relieved at the success that had finally broken a sequence on 57 races without success.

"I am obviously delighted, but he ran a great race seeing he has

been out for nine months and kept galloping to the line."

I had actually started writing the winning story 48 hours earlier as Mizzurka ridden by BBC Sports Personality of the Year and champion jockey A P McCoy moved two lengths clear of Lucy's Perfect in the toteswinger Flexi Betting Mares' Novices' Hurdle at Taunton.

She seemed to have run the perfect race having moved alongside Tom Scudamore's mount two from home.

They landed over the last together but Mizzurka got away quicker and seemed to be coasting home.

I had already thought of the headline when Lucy's Perfect appeared to pick up and in a driving finish beat Buckler's horse by a

"She had the race won but jinked at the wood chip crossing where you turn into the paddock abut 100m from the line, and lost momentum," bemoaned Buckler.

"It was really bad luck as she

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Catch of the Day

Tanners Rebels

would have won otherwise."

All of Buckler's other horses over the post-Christmas period bar two gave encouraging performances.

On the same Taunton card, fouryear-old **Tiger Breeze** who joined the stable in the summer, gave a much improved performance in his third hurdle race, the 50/1 shot finishing a fine fourth behind the three top fancied horses and well clear of the rest of the field.

"He needs to learn to relax and settle. He fought too hard and as a result used too much energy early on, but it was a much better performance."

The young and the older took on each other in the last race of the day, the totepool A Better Way To Bet Handicap Chase over 2 miles 7 furlongs, with five-yearold Ballyeagan showing that he is one to watch for the future finishing a close second to the much fancied Sultan Fontenaille in a

Stable mate River Indus led for

a lot of the way under claimer Joshua Moore, son of Gary Moore, in the 10-year-old's first run for six months, and as expected got a bit tired to finish a very respectable close eighth.

Ballyeagan meanwhile, ridden by Sweeney started his challenge four out, but appeared to have lost his chance when Buckler's stable jockey dropped his whip after they hit the last.

However they rallied and in a storming finish force his way back in to snatch second by a head and a nose in a three way battle.

Of River Indus Buckler said:"He will come on for the run. It was his first race for a while and just got a bit tired but he was fairly close

"Ballyeagan could have done with a little bit further and a bit softer ground, but it was a very encouraging run."

Sulpius took on some good horses in the Heroes 'All Horses Deserve A Future' Introductory Hurdle at Newbury the day before, and finished a very creditable seventh.

In only his third race, the 200/1 rank outsider was third four out but tailed off slightly but gave an encouraging performance.

"It was a very satisfactory run in one of the highest class novice hurdle races. He ran a nice race and jumped well."

Following Crank Hill's success on New Year's Day, one of Buckler's string of young horses Champagne Rosie made her debut in the Bathwick Tyres Taunton Maiden Open NH Flat Race and finished a very creditable fifth behind two previous winners, one who was disqualified and therefore retained its handicap position.

"She ran a bit green, but she stayed on and is a lovely filly that tries her best."

The only disappointment of the day was Silver Sutton whose racing career started and ended in the Thurlestone Hotel 'National Hunt' Novices' Hurdle when he was pulled up having broken a blood vessel.

The eight-year-old was having his first ever race after being trained to go racing after a series of problems.

. "We were aware this might happen, and it was unfortunate as he is a lovely horse, but he won't race again now; it would be a waste of both the owner's money and our time.

However he has a lovely temperament and might well now be retrained to go show jumping."

Cullahill got too close to fence in the At The Races Sussex National (Handicap Chase) at Plumpton on Sunday and fell on landing, one of several who didn't complete the course.

"The fences are big at Plumpton so you need to be very accurate, and it takes it out of the horse.

The ground was a bit too soft for him and he caught the top of one of them, but is okay from the fall. Several others fell or pulled up in what was a testing race."

**Improving Seahorses** 

WEYMOUTH were outclassed the last time that these two teams met but following an excellent performance against Dorchester they went into this

Sherbourne started the game strongly and their large second row forward broke from a driving maul

Despite conceding a second try from a similar po-

sition only minutes later, the Weymouth team rallied well and some solid tackling from Rory Legg and

Morgan Wyatt gave Weymouth a chance to settle.

Troy Brocklebank pounced on a loose ball in his

Although Sherbourne continued to have most of

the possession, particularly from the scrums, some

consistently strong tackling from Legg and Conner

Hughes and some powerful runs from Glenn Watts

Sherbourne eventually added further points just

before half-time when their scrum-half took the ball

from the scrum five metres out to score unopposed,

but Weymouth were unlucky on the stroke of half-

time when Wyatt broke through the Sherbourne de-

fensive line only to be forced into touch just short of

the line by a dangerously high tackle. Wyatt was un-

Shebourne started the second-half strongly and al-

though the Weymouth backs, Hughes, James Davis

and the replacement Will Stone continued to put in

helped keep Weymouth in the game.

own half and sprinted down the left wing to bring

Sherborne 30 Weymouth U12s 10

game with greater optimism.

to score in the first minute.

the score to 15-5.

### **Magpies extra**

### **Late Grubb strike** sees Dorch make rusty start to 2011

### **Weston-super-Mare 1 Dorchester Town 0**

DESPITE dictating most of this New Years Day clash, Dorchester Town fell to only their second defeat in eleven matches in all competitions going back to mid October to a goal nine minutes from time with the Seagulls only real effort on goal.

Whilst the Magpies did not create too many chances of their own, they were by far the better side, and although disappointed by the defeat, manager Ashley Vickers believes it was only a blip and remains upbeat about his side's performance.

"Once again our work rate was outstanding and they couldn't live with us particularly in the first half. The performance was excellent; we just didn't get the result we deserved."

It may have been different had Dorchester scored early on when James Coutts and Ryan Moss combined but Weston keeper Lloyd Irish just beat Coutts to the ball after Moss had headed the midfielder's hooked cross back across goal.

Coutts later glanced a header wide and Steve Devlin saw his goalbound shot blocked by Matt Villis.

Magpies keeper Regan Coward had to be alert at the start of the second half in the host's first real chance on goal when he raced off his line to beat Marcus Duharty to the ball after Gary Bowles' slip.

The decisive goal came on 81 minutes when Brett Trowbridge broke through before laying the ball off to sub Dean Grubb whose low shot beat Coward and went in off the upright.

### **Bridport Table Skittles League** DIVISION A

Secon Hand9	7	32	7
Sallys Mustangs10	5	25	4
No Hopers9	5	23	6
Chilliheads9	4	22	8
Oak A Nuts10	5	21	3
What an Anchor9	4	20	3
Kens Prix10	4	20	2
Whats the Odds10	3	20	4
Five of Clubs9	2	18	5
Crown A10	2	18	3
Simpsons9	3	14	3
·			
DIVISION B Pld	w	Pts	Beer
Tanners A9	8	34	6
Consorts9	6	25	3
Slingers7	5	22	5
Freds Heros7	5	22	2
George Gormets9	4	22	4
Hopefulls7	5	21	3
Cross Shots7	4	20	4
Baggies Boys7	3	18	3
Fishermens Friends10	2	17	5
Fishermens Friends10 Bellends8	2	15	5
Fishermens Friends10	2 3 2		5 3
Fishermens Friends10 Bellends8	2	15	5
Fishermens Friends	2 3 2 1	15 13	5 3
Fishermens Friends	2 3 2 1	15 13 11 Pts	5 3 5 <b>Beer</b>
Fishermens Friends	2 3 2 1 <b>W</b> 7	15 13 11 <b>Pts</b> 29	5 3 5 <b>Beer</b> 5
Fishermens Friends	2 3 2 1 <b>W</b> 7 6	15 13 11 <b>Pts</b> 29 26	5 3 5 <b>Beer</b> 5 6
Fishermens Friends	2 3 2 1 <b>W</b> 7 6 5	15 13 11 <b>Pts</b> 29 26 24	5 3 5 <b>Beer</b> 5 6 7
Fishermens Friends	2 3 2 1 <b>W</b> 7 6	15 13 11 <b>Pts</b> 29 26	5 3 5 <b>Beer</b> 5 6

■ CAPTAINS: Please ensure that game result cards are received at the Lord Nelson promptly to enable the committee to produce regular up-to-date league tables.

22 22 16

16 14 12

### **Perry Street** League fixtures

### RESULTS

Monday, January 3rd

### **DIVISION ONE CUP FINAL**

(at Thorncombe) Crewkerne Town 4 (P.Gold 2, K.Wheeler, OG) Millwey Rise 2 (M.Hall, J.Vaughan)

### **FIXTURES**

Saturday, January 8th **DEVON INTERMEDIATE CUP East Area Semi-final** 

Farway Utd v Exmouth Town Res

**DORSET INTERMEDIATE CUP Quarter-final replay** Beaminster v Ferndown Sports

### JOHN FOWLER CUP SEMI-FINALS

Drimpton v Winsham Utd Res Luso-Chard v Misterton Res

### PREMIER DIVISION

Barrington v Combe Res Lyme Regis v Ilminster Res Perry Street v Merriott Rovers S.Petherton v W & M Chinnock

### **DIVISION ONE**

Ilminster Colts v Perry Street

Netherbury v Lyme Regis Res Norton Ath v Forton Rangers Thorncombe v Crewkerne

Winsham Utd v Millwey Rise

### **DIVISION TWO**

Crewkerne Rangers Hawkchurch Utd Dowlish & Donyatt v S.Petherton Res Forton Res v Chard Rangers Hinton v Shepton Beauchamp Uplyme v Beaminster Res

### **DIVISION THREE**

Combe A v Chard United Crewkerne Res v Lyme Ban-

Millwey Res v Farway Res

### **DIVISION FOUR**

Chard Rangers Res v Barrington Res Chard Utd Res v Thorncombe Hawkchurch Res v Waytown

Hounds Shepton Res v Hinton Res W & M Chinnock Res v Ilminster A

some good tackles, Sherbourne were quicker to the loose balls and they scored three quick tries. The first two from the large and very powerful second row forward who broke through the Weymouth tackles far too easily and the third a simple try from

the scrum half from a few metres out. Watts continued to make progress in the middle of

the field and Legg was unlucky not score after ripping the ball from a defensive maul but lost the ball in the tackle only metres short of the line.

Brocklebank gave Weymouth a further well deserved five points following another excellent run from his own half just before the final.

◆ Weymouth Man-of-the-Match: Rory Legg.

### WEST DORSET FOOTBALL WITH STUART BROOM

# **Dorset County FA** courses programme

DORSET County Football Association has announced a number of coaching and referees courses running during the first half of

The details are as follows:

### 1st4 Sports Level 1 Award **Coaching Football (QCF)**

Duration of Course: 27 hours Minimum Age: 16 years Cost of Course: £160 (£140 for members of Dorset affiliated Charter Standard Clubs)

### Poole L1

- •Tuesday, February 1st (6.30-9.30pm)
- •Tuesday, February 8th (6.30-9.30pm)
- ·Saturday, February 12th (9am -5pm)
- •Tuesday, February 15th (6.30-9.30pm)
- •Saturday, February 19th (9am 5pm)

### Weymouth L1

- ·Wednesday, March 2nd (6.30-
- ·Wednesday, March 9th (6.30-
- •Saturday, March 12th (9am -•Wednesday, March 16th (6.30-
- 9.30pm) •Saturday, March 19th (9am -

### 5pm) Sherborne L1

- •Monday, April 4th (6.30-9.30pm) ·Monday, April 11th (6.30-
- 9.30pm) April 18th (6.30- Monday, 9.30pm)
- •Sunday, April 10th (9am 5pm)

### •Sunday, April 17th (9am – 5pm) Poole L1

•Tuesday, May 17th (6.30-9.30pm) •Tuesday, May 24th (6.30-9.30pm) •Tuesday, May 31st (6.30-9.30pm) •Sunday, June 5th (9am – 5pm) ·Sunday, June 12th (9am – 5pm)

### **FA Youth Award** Module 2

### 'Developing the Practice' Duration of Course: 32 hours

Minimum Age: 16 years Candidates must hold the Module 1 'Developing the Environment' Certificate.

Cost of Course: £120 (£100 for members of Dorset FA Coaches Association or Dorset affiliated Charter Standard Clubs)

Yeovil - joint course with Somer-

Friday March 25th to Monday March 28th

### **FA Level 2 Award Goalkeeper coaching**

Duration of Course: 18 hours Minimum Age: 16 years Cost of Course: £200 (£180 for members of Dorset FA Coaches Association or Dorset affiliated Charter Standard Clubs) Canford School, Wimborne Internal assessment: Friday, April 8th - 9.30am 5.00pm Internal assessment: Saturday, April 9th - 9.00am - 5.00pm External assessment: Sunday, April 10th - 9.00am - 5.00pm

1st4 Sports Level 2 Award

### **Coaching Football**

Duration of Course: 110 hours Minimum Age: 16 years Cost of Course £350 (£330 for members of Dorset FA Coaches Association or Dorset affiliated Charter Standard Clubs)

•Days 1 - 6: Monday, 21st to Saturday February 26th

•Day 7: Sunday, April 3rd Day 8: Sunday, May 8th

Hamworthy Recreation

•Days 9 & 10 (Assessment): Satur-

21st and Sunday, May 22nd Lytchett Minster School •Days 1 – 4: Thursday, June 2nd to

Sunday June 5th Days 5 & 6: Saturday, 18th and

Sunday, June 19th Day 7: Saturday, July 16th

•Day 8: Saturday, September 24th Days 9 & 10: Saturday, 8th and Sunday, October 9th

### **Basic Referees Course**

Weymouth: January 23rd and 30th: 10.00am - 4.00pm County Offices, Hamworthy: March 2nd, 9th, 16th and 23rd March

6.30pm - 9.30pm

### **Mini Soccer Referees Course**

Weymouth: January 10.30am - 12.30pm County Offices, Hamworthy: January 19th: 7.00pm - 9.00pm

For further information on all these courses or to book online visit www.dorsetfa.com/development

# **Bright future for** tennis in Bridport

BRIDPORT Tennis Club appears to have an encouraging future based on their Under 16 Juniors recent success.

The team comprising of Dan Dew (captain), Jack Bell, Cameron Love, Nat Bowditch and Arran Hall stormed to victory in the Yeovil and District League where they dropped just four points in the season, having won all eight matches with a total of 76 points out of a maximum 80.

were Charmouth with 51 points.

The win continued the good form which they had previously shown with numerous victories at this age group, having been together over several years since Under 13's.

The attached photo shows the team who were presented with their trophy at a recent awards cer-



■ UNBEATEN: The team of Dan Dew (captain), Jack Bell, Cameron Love and Nat Bowditch (missing: Arran

# Warriors storm to Christmas victory

**HOSTS West Dorset Swimming Club** won their annual Open Meet held recently at Bridport Leisure Centre.

Their performance following the opening by Bridport Mayor Councillor Geoffrey Ackerman was as good as the organisation of the ten team tournament as Bridport beat Chard into second place.

Scout MacPherson produced arguably the performance of the day in the 10/11 year girls

by winning the 100m backstroke in a significant personal best time from team mates Zoe Gowers and Beth Guy who both put in strong swims. She then produced another personal best time later in the day when winning the 50m backstroke.

Amie Buttle confirmed her performance in the recent club championships, with an all round swim in winning eight medals in the 12/13 years girls, including gold in 100m butterfly, freestyle and individual medley, and silver in 50m Breaststroke, Backstroke and Butterfly which also won her the Top Girl Swimmer and West Dorset Warrior of the Open

Beth Guy, girls 11/12 years, won four gold medals which equalled the most wins for any West Dorset Warrior on

Like Amie, Beth showed her adaptability by winning the 50m breaststroke, 50m butterfly, 50m freestyle and 100m individual medley. Warriors were also victorious in the 11/12 years 100m freestyle with Amber Cornick.

Thirteen airls from the host club won medals with Jess Northcote, 16 years and above, winning six including double gold across the 50m and 100m

Ciara Bowes, 9 years girls, collected three golds in the 50m breaststroke, freestyle and individual medley and two silvers whilst other medallists were Victoria Halford, Zoe Gowers, Georgia Bowes, Keziah Element, Sophie Taylor, Charlotte Matthews and Katy Robinson.

Ryan Knott, in the Boys 14/15 years, matched Beth Guy's four golds in the 50m and 100m butterfly, 50m backstroke and 100m freestyle, together with two silvers which also earned him Top Male Swimmer of the Meet.

Aaron Fryer, also in the 14/15 year category won gold in the 50m breaststroke and 100m individual medley plus five other colours.

The Warriors' dominance in the 14/15 year Boys was further confirmed with wins for Guy Buttle in the 100m

backstroke and Peter Horne in the 50m freestyle with Tom Cooper and Luke Voss also winning minor medals.

Harry Buttle swam well in the 10/11 years group gaining three silvers and a bronze with William Blackledge, tak-

Other Warrior boy medallists were Dean Kenny, Charlie Hitchcock and George Kelman-Johns.

The club would like to thank all Officials and Volunteers who helped make the day a big success. West Dorset Warriors train at both Thomas Hardye Leisure Centre in Dorchester and Bridport Leisure Centre and do long course training at Millfield School.

■ Photo right: TOP SWIMMERS: Ryan Knott and Amy Buttle with their 'Top Swimmer at the Meet' tro-



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TUNNEL TARGET SPORTS CENTRE

# Width holds the key for Weymouth

I DO not think I can remember a year where so little rugby was played during the month of December, and all local clubs are probably steeling themselves and trying to fit their outstanding league fixtures into their schedules. (I see there is a revised list on the RFU website.)

Iíll bet too that the ice put paid to most clubsí informal Boxing Day gallop about.

The league programme resumes on Saturday next, weather permitting of course, and let's hope we have seen the last of the snow and ice for the winter.

It was great however to get the news from down under that the Ashes had been retained, on December 29th.

### **PREVIEW**

WHILE the other two clubs begin 2011 with home fixtures, WEYMOUTH play away from home and travel to WARMINSTER, a side who lie a couple of places below them in the Dorset & Wilts League

Division One (South).

I see that Weymouth made home advantage count pretty decisively when the sides met back in September, winning by more then 20 points.

Warminster's strength lies in their pack however and underfoot conditions will certainly favour a forward game on Saturday next.

Weymouth can win this one, for their pack is capable of achieving parity of possession. If it can do so, the ball can be sent wide where their pace should be a telling factor.

What they must not do is to engage in an arm wrestle with the home eight for that would be playing Warminster's game. It will most certainly be a closer encounter than the one that took place last autumn

DORCHESTER resume their campaign with a home game against strugglers MARLBOROUGH, a side whom they bested comfortably after a high scoring

encounter at Marlborough earlier in the season.

It so happened that I watched the visitors win a relegation battle at Bridport a few weeks ago, and described their performance on that day as having more honest endeavour than spark.

The main reason that they laboured to a win over a poor home side was their rather ineffectual link at half back, something of which they were well aware, but felt that state of affairs that had been forced on them by injury.

Even if Marlborough have rectified that situation, I do think that Dorchester will be too strong all round and will win with a bit to spare; although the margin of the win will depend rather on the length of the clubis own injury list.

The BRIDPORT first side's struggle against relegation continues with a home game against SHERBORNE.

The game at Sherborne took place on September 25th last and the home side

won convincingly 47-7.

For the life of me, I cannot see any result other than a bonus point win for the visitors on Saturday, with Bridport's woes continuing.

As to the second sides, Weymouth seconds, endeavouring as they are to win promotion from the Dorset & Wilts League Division Three (South), have quite a test with the visit of North Dorset fourths

They came a bit of a cropper against this opposition earlier in the piece when they lost 36-15 but have, I think, improved since then. A win might still just be beyond them, but the result will certainly be closer.

Another side who face a close encounter are Dorchester seconds who travel to East Dorset. A single point separated the sides when they met back in September, and I doubt that the outcome on Saturday will be all that different

Dorchester thirds however should be capable of completing the double over visitors Blandford seconds, while Bridport seconds will probably face a long afternoon at North Dorset thirds.

### **FIXTURES 8th January**

Bridport v Sherborne (home); Bridport 2nd v North Dorset 3rd (away); Chard v Chew Valley (home); Chard 2nd v North Petherton 2nd (away); Chard 3rd v Minehead Barbarians 3rd (away); Crewkerne v Castle Cary (away); Dorchester v Marlborough (home); Dorchester 2nd v East Dorset (away); Dorchester 3rd v Blandford 2nd (home); Honiton v Totnes (away); Honiton 2nd v No Game; Sidmouth v Old Redcliffians (away); Sidmouth 2nd v Bideford 2nd (home); Sidmouth 3rd v Bideford 3rd (away); Sidmouth Colts v Bideford (home); Weymouth v Warminster (away); Weymouth 2nd v North Dorset 4th (home).

### **Bridport Skittles League**

CUP fixtures for week beginning Monday, January 10th:

**Over 58s - 1st Round** - no byes (eight winners on each alley)

### **Monday January 10th**

**Bridport Football Club** - G Barnes; T Davis; B Adams; J Brooks; R Tuck; B Herbert; B Lee; Jo Scotton; P Scott; G Herbert; C Langdon; F Bowditch; A Tozer; V Burt; D Maunder; G Legg.

### Wednesday January 12th

Bradpole Club – A Huxter, L Farnham; K Sorrell; M Crabb; C Hopkins; A Wiscombe; N Pye; M Hansford; M Bollen; V Cozens; M Chivers; S Gale; G Brown; J Scotton; D Salter; B Legg; B Pye.

# Ice hockey, not Ashes, smashes record

I GUESS with the Aussies in poor form and staring down the barrel of an Ashes defeat, the attempt on Boxing Day to create the largest attendance for a test match at the MCG was a big ask writes Stuart Broom.

In the end, like its cricketers, the attempt ended in failure; the crowd of 84000+ fell well short of the 90,800 that attended the Australia v West Indies test match in 1961.

However ice hockey legend George Beach who retired to Bridport with his wife Jean several years ago, brought news of a successful attendance breaker that happened in Michigan, USA three weeks ago when 113,411 people watched Michigan Wolverines' beat Michigan State 5-0 to create a new Guinness Book of Records feat.

George, now 84-years-old, is a Canadian by birth but is

recognised as one of Great Britain's greatest ice hockey stars having played for Wembley Lions in the post war years before retiring in 1967 and then coaching the GB national side in the Ice Hockey World Championships.

He and Jean still has friends and family both in Canada and the USA, and it was a friend that sent him the cutting showing the amazing scenes at the Michigan Stadium, home of the NFL Wolverines team.

Asked the largest crowd he played in front of in his career, George said: "Around 30,000 in Stockholm and Berlin, which at the time was huge for ice hockey, but this beats all."

■ WORLD BEATER: The sight (pictured right) of a record crowd inside the Michigan Stadium.



# Dave Smith Memorial Darts Open

LYME Regis Darts League sponsored by Class One Driver Hire, is staging the Dave Smith Memorial Open Darts Competition tomorrow (Thursday, January 6th) at The Nags Head, Silver Street, Lyme Regis

The competition format is as follows;

1st leg: 501 bust rule.

2nd leg: 15 darts at bull and 25 - highest score wins the leg. If tied then three darts sudden death.

3rd leg: 15 darts 3 each at 20s, 19s, 18s, 17s and 16s. The highest score wins the leg - if tied then three darts sudden death.

4th leg: 'Halve it' - three darts at each 20s, treble 10, 11s, double 15, treble 14, bull and 25. Highest score wins the leg. if tied then three darts sudden death.

5th leg: 15 darts at treble 13. highest score wins the leg - if tied then three darts sudden death. (Lyme Regis Darts Grandprix points apply)

Entry fee is £2, players are requested to meet at 7.45pm for 8pm start.

# Terras savaged by Tinmen

### WEYMOUTH 0 TRURO CITY 4

Zamaretto Premier - att: 824

A BLISTERING four-goal first half salvo spoilt Weymouth supporters Christmas celebrations, as Truro City increased their lead at the top of the Zamaretto Premier League.

With only one home defeat in the last seven league matches, the Terras were hoping to spring a surprise against the Cornish allstars side which included former Fulham striker Barry Hayles, but they afforded their opponents too much respect and by the break the game was over.

True Weymouth were missing their top scorer Warren Byerley who has inspired the team lately with his drive and character; he missed the game with a swollen knee; but although some of Truro's play around the box was sublime, the truth is Weymouth did not get close enough to their opponents and close them down; something acknowledged by

manager Ian Hutchinson after the

Truro showed their intent in the first minute when only a great interception by Lewis Whyton prevented them going ahead.

Dan Smith held off Mark Robinson after Hayles fed him from keeper Martin Rice's long ball, and his shot seemed destined for the net until Whyton managed to deflect the ball against the post.

The Terras settled down after this and appeared to have weathered the storm before striker Andy Watkins struck midway through the half.

Barry McConnell picked up the ball just inside the Terras' half and ran forward before laying it off to Watkins who played an exquisite one-two with skipper Marcus Martin before sidestepping a defender and rolling the ball home.

The pair set up the second ten minutes later. Weymouth's defence blocked Watkins' run across the area but the ball wasn't cleared properly, and Martin, collecting the ball just outside the edge of the box, swivelled to beat Terras' gloveman Tom Manley

with a sweeping, curling shot.

Two minutes later Watkins effort following more intricate passing on the edge of the box was blocked by Manley, but as the ball looped in the air sub Andy Taylor was on hand to volley home from eight yards.

Weymouth had no answer to their visitor's power and were completely overwhelmed, and conceded a fourth two minutes from the break.

A Weymouth player managed to close down Martin's first effort following a corner, but when the ball broke loose the Truro skipper hit a delicious right foot volley beyond Manley into the top right corner of the net.

Truro could have added to their score immediately after the break as Weymouth reeled from the salvo, and should have scored later in the game when Martin blazed a penalty over the bar following a handball by Alex Halloran.

For Weymouth's second largest home crowd of the season, it was a bit like indigestion after Christmas lunch.

# Dorchester & District Snooker League

Results as at December 19th:

Colliton Hopefuls 3 West Dorset Club A 5, WDC Whipping Boys 3 Purbeck Potters 5, Colliton XQ2010 2 West Dorset Club A 6, Trinity Gooduns 2 Colliton Nomads 4, Colliton XQ2010 5 Trinity Express 2, West Dorset Club C 2 Colliton Club B 4.

30+ breaks: M.Beale 45, M.Halford 42. (Top break of the season: Evan Wellman 69)

Team Handicap Knockout Cup

**2nd Round:** West Dorset Club A 0 Trinity Express 4, West Dorset Club C 4 WDC Whipping Boys 1, Trinity Gooduns 2 Colliton Nomads 4.

**League U25 Knock-Out Trophy Final:** Mark Beale (Trinity Gooduns) beat Stefan Fry (West Dorset Club C) 3-1 at Dorchester Con Club.

**Reminder - League results;** Results must be with the secretary by 9am on the Sunday following the match, failure to do so will result in 2pt reduction.

League table P	W	D	L	Pts	
Colliton Nomads11	8	1	2	49	
West Dorset Club C10	5	2	3	39	
Trinity Gooduns11	5	1	5	39	
West Dorset Club A8	7	0	1	37	
Purbeck Potters9	5	2	2	36	
Colliton XQ 20109	3	0	6	31	
Dorchester Con Club A7	3	1	3	30	
Colliton Club B9	4	1	4	28	
WDC Whipping Boys10	2	0	8	25	
Colliton Hopefuls6	1	1	4	21	

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### **INSIDE: Bridport Table Skittles League**

### Wise head sees Bees triumph

### Gillingham Town 2 Bridport 4 **Toolstation Division One**

BRIDPORT made a great start to the New Year with a well earned victory of promotion rivals Gillingham Town at Harding Lane on Monday.

Dan Wise came off the bench to mastermind the win by scoring twice and assisting in a third as the Bees cemented third place in the Toolstation Western League First Division and at the same time stunted their North Dorset rivals bid to join

Manager Trevor Senior kept faith with the side that started against Roman Glass St George in their last fixture back on December 11th, and they started well in a excellently contested game of football with both sides showing good form.

The Bees took the lead on 34 minutes when Adam Symes and Russell Legg combined well down the right before the former crossed low into

### By STUART BROOM

the box where Ryan Dovell pounced to sidefoot home from close range.

The Gills equalised six minutes into the second half when former Yeovil Town manager and midfielder Steve Thompson showed he had lost none of his guile by releasing Lee Gale free of the Bees defence with an exquisite ball, and he ran on to score his 25th goal of the season with a shot from 18 vards.

Senior replaced young Dan Peart, who had another good game soon after, with Dan Wise, so often the playmaker for the Bees, and he didn't disappoint.

Just after the hour Adam Symes once again broke down the right before involving Wise who played a neat one-two with Shane Evans before taking the return and shooting past Gills keeper Jamie Beale.

met Wise's corner at the far post to score with a thunderous header into the top corner to increase the Bees lead.

Gillingham hit back almost immediately with Dan Cox powerfully heading home Nick Thompson's cross from close range.

The game hung in the balance with both sides trying to wrest the game and Matt Condliffe, a replacement for the injured Legg, forced Beale into a good save low down at the post, before he produced a spectacular double handed save to deny Evans whose shot was heading for the top corner.

However he couldn't prevent Wise adding the fourth from the penalty spot five minutes from time after Jamie Symes was upended by Nick Compton after he had dispossessed him on the edge of the area.

Gills Joe Smeeton was unlucky to

SOAKING IT UP: Ashley Caddy, Jon Whetlor and Steve Batey pictured at the 100,000 seater capac ity Melborne Cricket Ground during England's Ashes retaining victory over Australia last week. The pair, who play football for Lyme Regis FC and cricket for Uplyme & Lyme Regis CC met up with old

team mate Jon Whetlor who is now a resident of Melborne.

be sent off two minutes into added time when he brought down Jamie Symes just inside the Bridport half as the Bees broke away.

Senior said: "It was an excellent performance against a good side,

and we thoroughly deserved it. It was great to get a win after the game against Chard was called off, and all the players had a good attitude which resulted in a good team performance.

"Dan Wise was outstanding when he came on and made a big impres-

"We now have three home games to establish our position before the big game against Merthyr."









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